

## SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

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LIFELONG LEARNING  
2020 FALL QUARTER

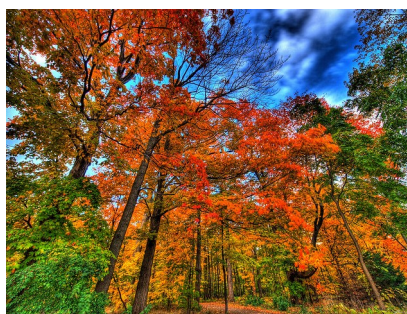
# A return to new learning in the fall

Getting used to a “new normal” has become the new normal for most of us. Finding ways to get daily tasks accomplished within the rules and regulations of living in a pandemic is a challenge we are learning to regularly face.

Even the anticipation of a return to class in the fall has taken on an entirely new patina. Changing from in-person classes to online learning requires different skills and focus. (See the article on page 3 for tips on getting the best out of “zooming” classes.) But the good news is that online learning still results in exposure to new knowledge and an opportunity to get acquainted with new friends who have the same interests as you.

Online registration for fall has started early this quarter. So make your choices from among topics that include ...

**Health & Well Being** – Gentle Yoga, Ballet for Balance Level I, II, Tai Chi—Beginner I, II, Tai Chi—Review and Refine, Aging Well, Calm Under Stress, Food After 50, Ready for



Anything?, Stable Walking, Human Health and Disease Series I, II, III

**History, Culture & Current Events** – The “New Yorker” Discussion Group, Views of the News, A People at War: the Home Front During World War II, (IN)Famous Presidential Elections 1800 to Present, 2020 America at the Crossroads, A Swift Survey of American History 7 1930-1960's The American Century, Egyptian Voices from the Past - The New Kingdom, From Hollywood to the White House: The American Political Film, Great Decisions in Foreign Policy

**Visual Arts** - Digital Photography go beyond automatic, Learning Watercolors through Patterns, Photography Practicum Online, Sketching, The History of Photography Online, Focus on Composition in Photography, Intro to Drawing, Intro to

Watercolor, Versatile Acrylics Studio, Observational Drawing 101

**Literature, Stage, Screen & Music** – Enjoy Shakespeare | Henry V - Uniting, Inspiring and Leading a Country, Enjoy Shakespeare | Richard II - On Whose Head Will Rest the Hollow Crown? Joseph Conrad's Heart of Darkness and Lord Jim, British Playwrights Of The 20th Century, William Shakespeare's THE HENRIAD Part Three: Henry V, THE ROOTS OF ROCK AND ROLL: FROM THE 1920s TO THE 1960s, 120 Years Of Dance In The Movies, Music, Art, and Social Change Part 2, Creative Writing, Readers' Theater

**Science & Technology** — Create! ... On your iPad, Advanced Create! ... On Your iPad, Do More ... Have More Fun with Your iPhone, Master Your Mac, Geology of the Moon and Mars, Having Fun with Computer Based Genealogy

For instructions on how to register for TELOS classes see Page 6

## What exactly is the TSO Curriculum Committee?

If the events committee is the lungs of TSO, breathing life through elections and events, then the curriculum committee is the heart, pumping fresh blood to the community in the form of ever-new seminars, new course subjects and new course instructors. This committee organizes the educational TSO events, which includes identifying, contacting and scheduling speakers for between-quarters events. The committee members encourage experts to submit syllabus to teach for TELOS and may assist the TELOS office in reviewing courses for interest level. The committee also assists instructors by providing any assistance in the classroom and on line. The members of this committee are all volunteers from our student body, ready to promote and spread the value of TELOS.

The curriculum committee meets once a month with each member contributing time and effort to recruit new presenters. The seminars provided are as varied as the interest and abilities of our student body. If you have any questions or an interest in participating on this busy and fun committee, please contact [info.telosso@gmail.com](mailto:info.telosso@gmail.com) for more information.

## Spotlight on The New Yorker and more ...

By Sandi Medendorp

Fred is an attorney and educator with more than thirty years of experience in the music and entertainment industries, as an industry executive, lawyer, author and lecturer. But we don't hold any of this against him in the many varied courses he leads for TELOS. He is as interesting, educated and ascorbic as his many, many classes. He always has a new film class interest percolating – for Fall it is **From Hollywood to the White House: The American Political Film**. This course will survey American political films and is aimed at all of those interested in understanding the roots of modern American political culture and its portrayal in popular motion pictures. As always, generous film clips will enhance your understanding and enjoyment.

Another class for Fall is **British Playwrights of the 20<sup>th</sup> Century**. This course will offer an in-depth look at some of the most important and influential dramatists from the UK, and examine the lives and works of J.B. Priestly, Terence Rattigan, John Osborne, Harold Pinter, Joe Orton, Tom Stoppard, Caryl Churchill and many others. Rare and exclusive video clips will enrich and enliven the conversation.

But my favorite Fred class is the **New Yorker**. The New Yorker is an American magazine of reportage, commentary, criticism, essays, fiction, satire, cartoons, and poetry. Despite its name, it has a wide audience outside of New York and is read internationally. This class is a discussion group (limited to 16 students) who each week choose three to five articles, reviews, poems, stories or cartoons to discuss. A subscription or access to the magazine is, of course, essential. There is a loyal following in this class and if you are lucky, you can enroll and join the interesting, ever evolving universe of Fred and the New Yorker.



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<http://tso-telos.org>



Editor: Sue Black

# Sometimes they really are out to get you

By Sue Black

In case any of you are looking for something to keep yourself busy while in quarantine, you could always go into your computer accounts and change each of your passwords. And in case any of you need a reason to do that, just look into the current stats on cyber security. On May 28, at a TSO sponsored free seminar, Andrew Baze provided frightening insights into all of the “bad guys” that are still out there looking to snag your data. Bad guys like organized crime, automated “bots,” random hackers and rogue nation states. With a long history in investigating cyber crime, Andrew Baze had plenty of helpful advice on how to defend your data. A few he mentioned include ...

- Do not use a password for more than one account
- Check to see if your passwords have been publically exposed by going to <https://haveibeenpwned.com/>
- Use random characters (15) or 5 unrelated words for each password
- Use a Password Manager
- Keep running antivirus and all recommended system updates

And keep on the lookout for more Cyber Security seminars/classes from Andrew in future TELOS quarters!

## Don't let the Zoom bring you down

By Steve Gersman



When we were kids, oh so many decades ago, we learned the rules of social etiquette. There were lots of “don’ts” and a few dos, such as “be polite” or “don’t be rude.” For years we have practiced what we were taught. Suddenly, with coronavirus, some of our social etiquette has been relegated to the basement and there are new rules to learn as we venture into Zoomland. So here are a few suggestions to help navigate this strange new world where people no longer congregate in actual rooms and visual and other cues have gone out the window.

1. When your camera keeps moving it can cause temporary vertigo in your fellow participants. Keep your device stable.
2. Noise is a major disruption in Zoom meetings. Radio, TV, phones ringing or answered, barking dogs and cackling parrots are wonderful in their place but they are a distraction. They may not bother you but they will annoy your classmates. Turn them off or lock them up.
3. Beyond background noise is a cacophony of voices. Lots of voices are great at a ballgame. They add excitement and energy. Not so much for discussion and learning. Some people have even been known to go to the bathroom while their audio and video is live, taking all of us along with them. Now I’m not a prude but that’s not exactly the sound of a soothing waterfall... Spare us all the embarrassment. Mute your mike.
4. We all have opinions and we want to hear yours, but not all at the same time. Raising hands (physically or with the Zoom tool) is more than a courtesy: It also helps prevent number 3 above. We’ve been doing it for years at the college. It’s even more important here where the normal visual clues are sadly absent.
5. It helps for us to be able to see and hear you. Really. Check that your device’s audio and video are turned on before entering a meeting.
6. Last, but as important as the others, make sure your face can be seen and is well lit. Too many participants are in semi-darkness. Others appear with only the tops of their heads visible like an eerie visitor from another planet floating on the bottom of our screens. Remember, we are using Zoom to see each other.

And now a tip. I often forget a point I wanted to make by the time my turn comes around, so now I bring pen and paper to the meeting and write my points down as they occur to me. When I’m called upon, I have them all in front of me.

Remember, we will still be in this for months. so let’s all dance to the same music. It makes for a more enjoyable time together.

# Looking at American History from a new angle

By Andrea Smith-Clarke

Recently, I was asked about the American History Book Club here at TELOS. So much water has gone under the bridge politically, socially and culturally since most of us studied American History that we need to look at it again in an updated context. If you think you're bored with history, American History Book Club invites you to flip the script, change it up and look at our 250 year national narrative from a different angle – one that features new thought, scholarship and writing about old and new American personalities and issues in the context of our contemporary cultural moment. As Facilitator for this group, I've studied Colonial and Revolutionary America, also 19th century history for both the US and France in the course of UW degrees. Bette Murphy has extensive reading in economics, politics and social justice as our Consultant/Advisor. We've both been attending TELOS classes since Summer 2019.

American History Book Club will meet the last Friday of the month, 11:00 - 12:30 on Zoom. The first meeting is July 31st. We plan to have a series of Themes so we won't be pelting randomly through our national past, and the first is Racism in American History. Our first book selection is *The Half Has Never Been Told*, Edward Baptist, 2016. We'll also provide discussion suggestions, some author information and a few good points from reviews before we start a new book. Club members' recommendations will be appreciated and welcome as we move forward. This challenging time in the United States is such a great one for re-examining and exploring who we are and where we came from to get here! We feel everyone owes it to themselves to develop this consciousness. And it will also be fun to share this experience with peers.

Please contact me, **Andrea Smith-Clarke** at [bearsong@comcast.net](mailto:bearsong@comcast.net), or **Bette Murphy** at [bette.murphy@gmail.com](mailto:bette.murphy@gmail.com) to join us, and me specifically with any questions or concerns.

## Book suggestions from Bill Gates

### "The Great Influenza" by John M. Barry

If you want to learn more about pandemics, this book by historian John M. Barry tells the story of the 1918 Flu, one of the deadliest outbreaks in history. "We're living through an unprecedented time right now. But if you're looking for a historical comparison, the 1918 influenza pandemic is as close as you're going to get," says Gates.

### "The Choice" by Edith Eva Eger

Gates: "If you're struggling with something, that struggle is real — even if you think your experience feels trivial compared to the experience of someone who survived Auschwitz or someone whose child is suffering from a terrible disease. I think this is an especially important thing to keep in mind right now while everyone has different experiences with the Covid-19 outbreak."

### "Cloud Atlas" by David Mitchell

This 2004 prize-winning novel is "a touching and very clever story about moral choices," says Gates. "It explores how self-centered and bad people can be, but also how supportive and good people can be." The structure of the book is unique: Mitchell weaves together six interrelated stories set in different times and places, which can get confusing at times. That's why Gates recommends reading it at the same time as a friend or family member: "It's the kind of book

you'll want to discuss with someone else. I'm sure that I didn't catch everything going on — reading it is a bit like putting together a puzzle."

### "Good Economics for Hard Times" by Abhijit V. Banerjee and Esther Duflo

Nobel Prize winners and husband-wife duo Abhijit V. Banerjee and Esther Duflo are "two of the smartest economists working today," according to Gates. He was a big fan of their first book, "Poor Economics," and equally impressed by the second. Their newest book takes on inequality and political divisions by focusing on policy debates that are at the forefront in wealthy countries like the United States," he writes. And, "Just like the couple's first book, their new one is easily accessible for readers who don't have a degree in economics."

### "The Ride of a Lifetime" by Robert Iger

Gates calls this 2019 memoir by former Disney CEO Bob Iger "one of the best business books I've read in several years." Iger, who took over the company in 2005 and retired in 2020, "does a terrific job explaining what it's really like to be the CEO of a large company," says Gates. "Whether you're looking for business insights or just an entertaining read, I think anyone would enjoy his stories about overseeing Disney during one of the most transformative times in its history."

—Kathleen Elkins, CNBC

## Invitation to the next TSO council meeting

Monthly TSO Council meetings are held on the afternoon of the 4th Wednesday of each month (or the 3rd if the 4th is a holiday). The meetings are now on Zoom and will be so for the foreseeable future. Zoom now requires invitation-only meetings. If any member of the TSO would like to attend a meeting of the Council, contact the President, Ted Watts, by email at least the day before and it will be arranged ([wattstedtso@gmail.com](mailto:wattstedtso@gmail.com)).

## Message from the new TSO President

Dear Telosians:

The Telos Student Organization's (TSO) new year begins July 1. I was unsurprisingly not opposed for the office of President and I write to lay out a set of goals for the new TSO year.

First, we are fortunate to have Chuck Kimbrough as VP, Jan Reha as Treasurer, and Alexa Munoz as returning Secretary. We are double-blessed with the continued participation and active support from past-Presidents Sandi Medendorp and Edie Heppler. Jerry Bunce has also promised his efforts in support.

We have some new and some continuing TSO Council members who will provide fresh and constructive input to the goals that Chuck and I have established for the year. We also have the great ongoing contribution of Chris Steele and her very important Curriculum Committee. This year we will also be relying heavily on the efforts of Steve Denison and Marcia Chase of the Events and Bylaws Committee to draft amended Bylaws for the Organization, and also to create new Standing Rules.

Here are some goals for the next TSO year. They are ambitious and we can only try to fulfill them all. But if we don't, it won't be for lack of effort. They are not listed in any order of priority-all are important:

- Support the College in retaining and developing new courses and instructors through the Curriculum Committee and the Council and all TSO members;
- Continue to support and grow the seminar program which has been very successful;
- Create revised Bylaws and new Standing Rules for the TSO;
- Adapt to and enhance the online instruction environment, temporarily and permanently;
- Continue to work with the College on the TSO student fee matter and the College Foundation on TELOS support from its dedicated funds;
- Adjusting to conduct of online general and special meetings of TSO, including an online meeting to consider and adopt the revised Bylaws when produced and vetted by the Council;
- Bring new members into the Council and Officer positions on the TSO; new "blood" is the heart of any volunteer organization;
- Finally, as an overarching goal, continue to work with the College staff to best support and grow the TELOS program, which is the sole reason for TSO to exist.

We start on July 1 and will start working toward these goals, with the help of the Officers, Council, Committees and the entire TSO membership.

Ted Watts  
President, TSO



# We welcome Gary Locke

By Linda Wilson

Bellevue College has announced that the new interim president will be Gary Locke. For those of us who do not know about Gary Locke, he was born and raised in Seattle. He attended Yale University graduating with a degree in political science and then finished his formal education with a Juris Doctor from Boston University.

Gary Locke's public service began with being elected to the South Seattle district for the Washington State House of Representative. He served in Olympia for eleven years before serving as our King County Executive from 1993 to 1996. Mr. Locke was elected to serve two terms as our Governor beginning in 1996. During his tenure as governor, Washington State was ranked one of America's four best managed states. He then returned to his private international law practice.

In 2009, President Obama chose Mr. Locke to be his Secretary of Commerce, a position he held until he was asked to be the U. S. Ambassador to China in 2011.

In a quote from Bellevue College's announcement of his selection Mr. Locke responded. "I am honored and excited to take on the role of Interim Bellevue College President and lead the institution at this critical time. I am humbled by the Board of Trustees' trust in me, as I know there were several excellent candidates. Bellevue College is known for innovation, outstanding faculty and students, and courses and programs that meet the needs and desires of its diverse students and community. I am eager to help build on and expand that regional and national reputation. Working closely with faculty, staff, students and the community, we must focus on bringing healing to the campus and continuing to provide enriching education despite this challenging environment of COVID-19 and financial crisis."

Welcome to Bellevue College Interim President Locke.



## To register for TELOS classes ...



- Online Registration at Bellevue College Community Education website (for detailed class information)
- Phone-In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.
- In Person Registration North Campus, 14673 NE 29th Place, Bellevue, WA 98007

For further information on registering, see a step by step description at  
<https://studentweb.bellevuecollege.edu/telos-tso/how-to-register>

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