

TELOScope

LIFELONG LEARNING
2019 FALL QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

INSIDE THIS ISSUE:

The artists among us 2

iPhone Tips & Tricks 2

TSO Election Results 2

Suggested Reading for Fall 3

New Classes! 3

Broadway comes to TELOS 3

TELOSian Thoughts 4

Protest on Trial 4

Save the Dates! 4

Harvesting new ideas at TELOS

Autumn in the northwest offers many ways to enrich life for active seniors. A good way to enhance your usual view of life is to "harvest" new experiences and establish new friendships. The life-long learning classes available at the TELOS program of Continuing Education at Bellevue College offer just such opportunities.

Interested students can choose from almost 50 classes this quarter covering a wide range of topics and learning opportunities. These non-graded, non-credit classes are taught in a relaxed atmosphere with an emphasis on learning, growth and fun--not performance.

Some of the topics that will be offered include ...

History & Culture – The Art and Architecture of Ancient Egypt, Introduction to Buddhism I and II, Ancient Native American Moundbuilders, Comfortable Travel, Culinary History of India, Speed Decorating for the Holidays, Swift Survey of American



History 1800-1850

Science & Technology – Principles of Flight, Geology of National Parks - I, It's All About Face, Seeing the Person Behind the Mask, "Ideas Worth Spreading," Do More . . . Have More Fun with Your iPhone, Topics in Space Science: Planets Are Everywhere, Try Virtual Reality!

Health & Well Being – Tai Chi: Beginner I & II and Intermediate, Ballet for Balance, Ballet for Balance Level II, Introduction to the Feldenkrais Method®, Gentle Yoga, Finding Calmness, Food after 50

Visual Arts - Intro to Drawing, Versatile Acrylics Studio, Intro to Watercolor, Exploring Landscape with Versatile Acrylics, NW Art—The Artists and their Work,

Public Sculpture of the PNW from 1909 to 1962, Digital Photography — Go Beyond Automatic, Focus on Composition in Photography, Photography Practicum Out in the Field

Literature & Theater – William Shakespeare's THE HENRIAD Part One: Richard II, How to read, understand and enjoy Shakespeare, Henrik Ibsen: the Father of Modern Drama 3, The Many Lives and Loves of Lolita, Readers Theater, Stories From Your Life Part I - To The First Draft, Creative Writing

Politics & Current Events — Views of the News, A Tale of Two Democracies: Canada and the U.S., America's 10 Worst Presidents, The "New Yorker" Discussion Group

Stage, Screen & Music – Cult Films Every Movie Fan Should See, Movies: Made in Seattle!, World of Music: The Voice

To register for TELOS classes ...



TELOS

- Online Registration at Bellevue College Continuing Education website (for detailed class information)
- Phone-In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.
- In Person Registration North Campus, 14673 NE 29th Place, Bellevue, WA 98007

For further information on registering, see a step by step description at
<https://studentweb.bellevuecollege.edu/telos-tso/how-to-register>

The artists among us

By Sue Black

One of the major reasons that I enjoy TELOS so much is the opportunity to meet the people who are drawn to the program. Many who are attracted here can be described as artists – whether exploring a new found interest or refining a talent long practiced.



Kathleen Gabriel

The reasons for their interest in art are varied but as TELOS student Nancy Rogers, an encaustic artist profiled in an earlier issue, describes it: *"Making art is the way I play... I think that as adults and even older adults that we NEED to get back to playing for the pure joy of it... especially now in these times."*

Many students have studied with popular TELOS instructor and fine artist Miha Sarani. Pictured here are a few examples of the work his students have produced - perhaps showing the pure joy he has helped them to experience.



Danni Shen

iPhone – Tips, tricks and personal safety

By Sandi Medendorp

Paul and Tina Schmid led two seminars on iPhone usage, basic and advanced. This really has led me to love my phone. (I was not so sure this newfangled thing was really worth the effort to learn!) Paul is so patient, knowledgeable and clearly enjoys sharing his iPhone skills. I learned such "high tech" techniques as "tap-tap" and "sleeping baby touch".

My icons/apps are finally organized for my personal preference. Security information helped me to learn some trust and I can more efficiently use the internet data since I know the difference between "indoor data" and "short range" outdoor data. In the advanced class I learned how to use the Emergency feature which can automatically and simultaneously contact 911 and my personal emergency contact. Also, I learned how EMTs can access my personal health information, even when the phone is locked. Please consider registering for Paul's classes in the fall and in the future. What you learn about your iPhone may save your life!

Results of TSO Election 2019-2020

By Bryan Leyton

The TSO election was held May 13 to May 16. Turnout was improved from prior years; *thanks for your participation*. President is Sandi Medendorp (Sander.Meden.54@gmail.com), VP Edie Heppler, Secretary Alexa Munoz, and Treasurer, Ted Watts. Council Members are Arlene La Turner, Carol Leyton, Gerald Harkleroad, Chuck Kimbrough, Tim Hay, Paul Maffeo and JoEllen Schill. Unlike most years the positions were uncontested. We encourage any TSO member to consider running for Council in 2020-2021.

The TSO council meets the 4th Wed. at 3:30 pm, except between quarters (most recently 1:30 pm June 26). *All TSO members are welcome at the Council and Committee meetings at any time*. The committees are Events (3rd Friday, 9:30 am) and Curriculum (3rd Friday, 10:30 am.) See TSO website for updated club meetings. For further info contact any council member.

Class Fee Update: After discussions between the TSO Task Force and members of Bellevue College, the increase in TELOS class fees was reduced to an additional \$6 resulting in a total of \$85 for most classes.

TELOScope is
brought to you by
the TELOS Student
Organization (TSO)

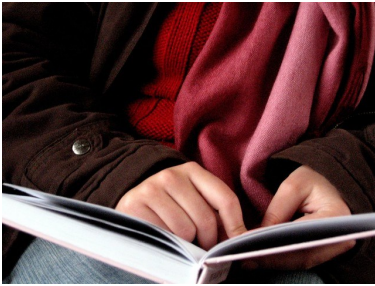
<http://tso-telos.org>



New reading suggestions for the fall

PAGE 3

For those who are looking for reading suggestions, here is a new list of books that TELOS students (and others you might recognize!) have enjoyed.



And After the Fire by Lauren Belfer (Donna Oberembt)

Paris in the Present Tense by Mark Helprin (Will Stump, Joan Snelson)

The Moment of Lift by Melinda Gates (Marilyn Subala)

Flygirls by Keith O'Brien (Judy Black)

Tattooist of Auschwitz by Heather Morris (Cathy Heffron)

Little Fires Everywhere by Celeste Ng (Diann Ryan)

Warlight by Michael Ondaatje (Sandy Heidergott)

Where the Crawdads Sing by Delia Owens (Holly Finkbeiner)

Rise of the Robots by Martin Ford (Mark Sutton)

Presidents of War by Michael Beschloss (Bill Gates)

Brand New Classes for Fall!

The Many Lives and Loves of Lolita (#8018)

One of the greatest, and most controversial novels of the 20th century must surely be Vladimir Nabokov's *LOLITA*. This course will be an intensive examination of the novel, and the ensuing critical debates and controversies surrounding the book. The course will also look at the various film and stage adaptations of the book, with special focus on Stanley Kubrick's 1962 film. Students should get a copy of *THE ANNOTATED LOLITA* to maximize their appreciation.

A Tale of Two Democracies: Canada and the US (#8019)

The Peace Arch at the U.S./Canada border at Blaine WA is inscribed "Children of a Common Mother." Never have two births been so different or resulted in such divergent democratic realities. This course will examine aspects of the historical development and governing structures of Canada, which differ from those of the U.S., and have resulted in separate outcomes. We will use these differences to address the nature and quality of democracy and necessary conditions for it to flourish.

Broadway comes to Redmond with "Readers Theater"

By Sue Black

In June, TSO members and their guests were treated to another wonderful performance from students in the TELOS "Readers Theater" class. This time, it was four short plays from the witty Davis Ives. Describing the original run of these plays on Broadway, the *New York Times* said, "metaphysical questions and elbow-in-the-ribs gags coexist peacefully; thoughtfulness and silly wordplay live side by side." This description rang true in both performances mounted by TSO students.

As usual, professional actor, director and TELOS instructor Mark Waldstein did a superb job of selecting the work to be performed and introducing his students to the roles each would be playing. Based on the sometimes raucous response during each performance, audience members appeared to appreciate the intricate dialog and its delivery by their fellow TELOSians. **For all aspiring actors out there**, Mark is always looking for more talent to showcase in these performances. Just sign up for "Readers Theater." Your star may be waiting for you!



Lois Eckley and Kathleen Donahue

TELOSian Thoughts: Linking Travel to TELOS

By Linda Wilson

After a recent trip to Puerto Rico, I was opining how similar classes at TELOS and traveling are. Travel unravels the mind creating new normals. Such joy in spectacular views and elation in the new. TELOS classes create an expansion of thoughts and widen our current state of mind to embrace new perspectives. Unusual foods delight our palate while new thoughts excite us. Calmness descends as we assimilate the differences. How does calmness and excitement coexist? A multitude of paths become available for further research. Suggested books become stepping stones. New friends create bridges of understanding. Unsought changes occur spontaneously. An unexpected change in directions happens. These things make us stand up straighter, breathe easier, and ready us for the next adventure.

Protest on Trial: The Seattle 7 Conspiracy

By Sandi Medendorp

In a very interesting between quarters seminar, Kit Bakke presented the history of the Seattle 7 who were indicted with conspiracy to incite riot. The seven were members of the Seattle Liberation Front. A protest was planned for February 17, 1970 at the Federal Courthouse in Seattle. There were 2000 protestors in attendance and the protest escalated to violence ending in 76 arrests. In March 1970, the SLF, UW Black Student Union and the Weathermen organized protests at the UW campus. This was a unique grouping for protest for the time because it included white and black elements.



Susan Stern, Michael Lerner, Michael Abeles, Roger Lippman, Jeff Dowd, Joe Kelly and Chip Marshall with attorneys: Jeff Steinborn and Michael Tigar

The government decided that an example must be made of protesters and in April 1970, a federal grand jury indicted the members of the SLF with a public announcement by Richard Nixon, Attorney General John Mitchell (Watergate conspirator who ended up with more jail time than the members of the Seattle 7) and J. Edgar Hoover of the FBI. The prosecutors' case collapsed when an FBI infiltrator admitted he would lie to jail the demonstrators.

When will we ever learn? Kit Bakke can be researched on www.kitbakke.com or reached by email: kit@kitbakke.com.

SAVE THE DATES for TSO Bi-Annual Meetings

Summer Picnic

Sat. Aug. 17 11:30 a.m. - 1:00 p.m.

At the North Bellevue Community Ctr.



Holiday Party

Early December

Stay tuned for details!



Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at www.bellevuecollege.edu/policies/. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, [425-564-2641](tel:425-564-2641), Office C227, and EEOC/504 Compliance Officer, [425-564-2266](tel:425-564-2266), Office R130.

