

Teloscope

LIFELONG LEARNING
LIFETIME FRIENDS
2015 WINTER QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.



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Enjoying Your New Year's Resolutions



With an interest in always learning more and meeting others who share that interest, TELOS students have the perfect opportunity to meet at least one of their new year's resolutions. To be sure of learning something new, there is an exciting range of Winter quarter classes available to take at the Bellevue College North campus beginning in January, 2015. Enrollment in past quarters has shown that TELOSians enjoy learning

from a variety of approaches including historical context, cultural studies, artistic expression and scientific exploration. The range of classes offered this quarter will be no exception.

History & Current Events – A long list of classes from ancient Greece, Egyptian Voices, Charlemagne in the Dark Ages, South Africa's unique history, US history from 1860-1898, Europe from 1914–1945, Maritime history, Capitalism, Ethics, Quilts, the Political Divide, the liberation of Latin America and discussions of current news/events and thought provoking ideas from fascinating thinkers and doers across the globe.

Arts & Literature – Classes where you can learn about

your own talents whether in drawing, the theater or ventriloquism, great classics of literature, the films of Woody Allen, art in Colonial America / London / Paris / New York.

Health & Well-being – Three different levels of T'ai Chi, designing your future life and boosting your brain power.

Philosophy & Religion – Studies of comparative religions as well as the philosophy of religion

Writing, Science & Research – Explore your talents in creative writing and telling your own stories, learn about the geologic character of the region and trace your family's heritage through genealogy.

TSO Holiday Party 2014

Calling all past, present and future TELOSians! It's time for the annual TSO Holiday Party! A chance to meet fellow students and make new friends. Enjoy a

wonderful spread of food and drink in a Holiday Party atmosphere and *at no charge!!*

WHEN: Thursday, Dec. 11, 2014, 11:00 am-2:00 pm

WHERE: Bellevue College North Campus — #1125
14673 NE 29th Place, Bellevue



**TO RESERVE YOUR SPACE AT THE PARTY, PLEASE EMAIL
info.telosso@gmail.com BY DEC 1ST**

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Craig Chase on local maritime history

By Penny Rathbun



Photo by Penny Rathbun

Craig Chase will be teaching the third class in a series on local history. The winter quarter class is titled "Maritime History: Over the Divide to the Outer Coast."

John Huelsdonk, known as the Iron Man of the Hoh and Paul Bunyan and his blue ox Babe are major figures in the class Maritime History: Over the Divide to the Outer Coast. Thomas Jefferson may have a line or two in there as well.

TELOS instructor Craig Chase gathers together diverse subjects to give an overview of the maritime history of the area.

"Everything about our Pacific Northwest culture is based around the sea," Chase said.

The lumber industry and salmon fishing also figure prominently in the economy of this area. Chase

will devote class time to all of them. That will include discussion of many of the shipwrecks at the mouth of the Columbia River.

Chase sees himself as more of a storyteller than a teacher of history.

"I like to talk about how things change over time and how we perceive that change," he said.

Chase said he has loved the sea since he first saw it when he was a little boy. He lived in the Philippines when he was growing up and has long been fascinated by the Pacific Ocean.

As a child he would look at the nautical charts on the wall while listening to a radio program called "Hawaii Calls."

His maritime history course he will be teaching in the winter quarter is the third class he has taught for TELOS on the continuing adventure of maritime history of the area.

He holds graduate degrees in Energy and Environmental Policy and Engineering Management.

With this class Chase hopes to improve his students' filters against folly. "With every little piece of information I can convey to them, I want them to look at things differently."

Telosian in the Hall*

By Penny Rathbun

This month's question asked of TELOS students was: Have you ever told someone else something interesting you've learned in a TELOS class? If so, what was it?

Ann Lutrick of Northbend said she has told friends a fact she learned in geology class. She said Tiger Mountain used to be a volcano 35 to 50 million years ago. TELOS student Jackie Hughes learned in Christie Bush's American history class that George Washington was greatly unappreciated and it is thanks

(Continued on page 3)

Benefits of Lifelong Learning

By Angela Young, M.S [TELOS Program Manager]

Life Long Learning leads to an enriching life. For example, lifelong learning allows you to connect with new friends and increases your knowledge in varying subject categories. The outcome of lifelong learning is that it stimulates the mind to consider new ideas and concepts which allows the individual to continue to grow and to enhance themselves intellectually. The TELOS program is a program that enables this outcome.

According to Nancy

Nordstrom, M. Ed., author of Learning Later, "When you look at the benefits gained from keeping your mind sharp, it's incredible. Lifelong learning is like a health club for your brain. And an active mind can stimulate physical activity and keep your spirits high. It's an all-around fantastic tool for better health." Lifelong learning is a great way to intellectually stimulate your brain by allowing you to fully engage the brain. Whether it's having a conversation in one of

our Views of the News courses, learning about an interesting topic like Maritime History or enhancing your core with T'ai Chi.

If you are currently not taking TELOS classes, I encourage you to start today. Our program is phenomenal! I would also encourage all TELOSians to explore all of our course offerings and try a new course every quarter. Please share our incredible program with family and friends.

* Our version of "Man on the street" interviews.

"Live as if you were to die tomorrow.

Learn as if you were to live forever."

Gandhi

'Sex and the City' looks at colonial art

By Penny Rathbun



Photo by Daniel Enderle

Melanie Enderle, Ph.D., instructor for the new class "Sex and the City: Turn of the Century Art in Paris, London and New York."

Many art history courses inspire yawns and silly notes in class to stay awake, not that any TELOS students would ever do anything like that.

But Melanie Enderle has figured out a way to keep students alert just by the name she gave her new class. "Sex and the City: Turn of the Century Art in Paris, London and New York" might encourage a few Telosians to discover a new-found interest in the visual arts. And that is one of the

things TELOS classes are meant to be doing – inspire and help students to develop new interests.

"I love teaching and sharing what I've learned," Enderle said.

She loves changing people's perception of art. "So many people think art is not about 'me', that art is elitist," she added.

That is because for decades art was only available to a few. The Louvre Museum in Paris was the first public museum. She said museums made art available to more people.

One of her favorite colonial artists is Gilbert Stuart, the man who painted the unfinished portrait of George Washington that is on the dollar bill. He specialized in painting portraits and painted pictures of the first six presidents.

Another of her favorite artists that she will talk about in the class is Edward Hopper. She said he was a realist painter. He

painted what he saw and he also painted his isolation.

"Sex and the City" will also explore the changing roles of women in society and how they are portrayed in art at the turn of the last century. She will also look at how painting changed when women started going to college.

She will teach her students how to look at a painting. "It's like peeling back the layers of an onion," she said.

She wants her students to learn how to engage with art and how to make it a part of their lives.

She holds a Ph.D in Art History from the University of Washington and an MFA in British Art and Literature. She is currently an art history professor at Seattle Central Community College.

"Looking at art is like looking at a moment in history," she said.

Telosian in the Hall (cont'd)

to him that we are a country. She has also told friends that everything Washington did, he thought about the kind of precedent he was setting. TELOSian *Roselyn Olson* has told friends about the Samis that live in Norway. "I was sharing this knowledge with a friend I thought would be interested," she said. She learned this in the Norway from Rocks to Wealth class taught by *Monnie Meland*.

Monnie Meland has also told friends about things she has learned in Doris Toppen's writing class. She said she has told friends about the meaningful relationships she has formed in the class. "Because when you write you reveal yourself," Meland said.

Need Help? Have a Question?

Occasionally, TELOS students attending classes at the BCCE North Campus have a question or need information. If you ever find yourself in that situation, the best plan is to go to the front desk. There, the Customer Service Specialists on staff can help in many different ways. They can put you in contact with college or program admin-

istrative staff members, give you directions, answer questions about courses, register students by phone or in person and come to the aid of instructors by solving lighting, projector and computer dilemmas in classrooms and managing the course packets. Chris Hall, pictured here, is the Site Coordinator at the Front Desk and

the man to see if you have a problem needing a solution.

Phone: (425) 564-4000
Reception Desk Hours (most weeks):
Mon–Thurs: 8:00 a.m.–8:00 p.m.
Fri–Sat: 8:00 a.m.–4:00 p.m.
Sunday: Closed

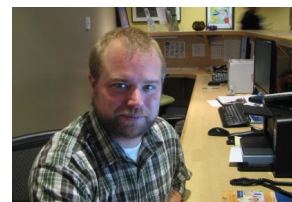


Photo by Penny Rathbun

**SAVE THE
DATE!**

Get Ready for 2015 Winter Classes

Discover what you want to learn!

Bellevue College Continuing Education TELOS Program presents a **Winter Course Preview** where you can learn about classes designed to enrich your life. Short presentations about classes will begin at 1:00 pm and in-person conversations with instructors will be available afterwards.

Join us to hear overviews of many classes that are offered for the 2015 Winter Quarter:

Literature Current Events Science Philosophy
History Genealogy T'ai Chi Creative Writing

And *many* more.....

TELOS provides a wide variety of cultural and academic enrichment classes designed to fit your lifestyle and interests. All classes are held weekday mornings or afternoons at the Bellevue College North Campus.

Friday, Dec 5, 2014—1:00pm to 3:00pm

Bellevue College North Campus — Room #1125

14673 NE 29th Place, Bellevue

Bellevue College TELOS Program

TELOS Program
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Bellevue, Washington 98007-6484

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