

Teloscope

VOLUME 2, ISSUE 1

LIFELONG LEARNING
2014 SUMMER QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.



TELOS

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TELOS Offers New Program in Summer

By TELOS Staff

When people ask me where I work, I tell them I work for TELOS. And yes, I get that blank look on their face because most people are unfamiliar with the word, "TELOS". I then, explain that TELOS is an amazing education program offered by Bellevue College for retirees.

They ask; "what are your most popular classes?" I mention: "Education in America" and "the Epic of Gilgamesh" and "Introduction to Drawing." And the next thing out of their mouth is; "where do I sign up."

TELOS is an exciting program with active, wise and educated instructors and students. And like our logo, the Oak Tree, this program evolves and changes as



it grows and flows with the times. In California there is an oak tree that is 1300 years old. During the 1990 drought in California, it's acorn production dropped below 30 percent. The following year, the oak tree quickly adapted by bringing on the beautiful autumn color leaves three weeks early. As John Henry Newman, said, "To live is to change."

And TELOS is living. Like the oak tree, we are changing and adapting the TELOS program by implementing a new program structure this summer quarter. This structure will enable us to meet the following goals:

1. Offer strong and popular courses with consistent quality and classroom experience;
2. To ensure that our staff have the time and resources to ensure the highest quality of student experience; and
3. To ensure that TELOS programs have a sustainable and healthy future at Bellevue College.

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Summertime is for learning.

For most of us, the summer months offer a leisurely stroll through life with long days that are warm and less hurried than in other months of the year. Summertime is also a perfect time to set your sites on investigating new territories, to open yourself to new and entertaining ideas and information, to take advantage of the lifetime learning available at TELOS.

This summer quarter, many different

worlds are waiting for you at TELOS. Some courses are designed to enhance your skills and artistic abilities. Other classes provide an exciting opportunity to share your opinions and discuss new ideas with other students. Still other lectures will expose you to classic philosophies and relate them to current times.

Enhance skills and artistic abilities: Improving your use of technology

(computer / laptop / smart phone), Introductions to drawing and watercolor, Writing your personal stories, T'ai Chi for Older Adults

Discussions and workshops: Conversations about current events in the news, Discussions around exciting new ideas and developments in technology / design / science / human response, Acting in radio theater

Classic lectures: Literature, Poetry, History, Culture

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TELOS Class Profile: History of Quilts

By Penny Rathbun



Photo by Penny Rathbun
Audrey Rosenberg holds up a quilt for her students to examine in Quilts: American Civil War Era which she taught during the spring quarter for TELOS.

You risk the ire of Audrey Rosenberg if you refer to her class as a craft class, although she could just as easily teach a class in the craft of quilting as well.

During the spring quarter she taught Quilts: American Civil War Era. In this class she gives a thorough overview of American history before, during and after the Civil War. As well as political history, she includes the advances in textile manufacturing. She shows how every advance in the manufacture of cloth has usually

been followed by the creation of more intricate quilt patterns.

She brings to class examples of quilts that she has made to illustrate particular patterns and she encourages her students to bring in their own quilts to share with the class. In this way students get to see more examples of the kinds of quilts she is teaching them about and learn more about the history of quilts as a result. Who knew there was a fad for the color bubble gum pink in quilt patterns in the 1930s? Among other facts,

her students learn what a privy bag is. Audrey will show you one she has made.

Audrey likes to favor her class with quotes about quilts she has gleaned from various sources. Here is a recent example. "Quilters are not greedy, they are just materialistic!" She will be teaching another class on an aspect of the history of quilts during the autumn quarter.

"TELOS ... a place to express your brain power, increase your knowledge and enter into educated dialogue"

New TELOS Program (cont'd)

In this new structure, each class will adopt a 90 minute class format, meeting for 6 weeks with a minimum enrollment of 10 students per class. We are trying out this format for the summer, hoping to gauge its success, and determine what might need to be adjusted for the remainder of the academic year.

Our instructors and students have already begun to embrace this format for the summer. Many TELOS instructors have begun to

make flyers for distribution and market their classes. Some students have distributed Bellevue College catalogues to those in their condos. Others have offered to pay for a student or two through auctions at their church

and bridge group.

If you are looking for a place to express your brain power, increase your knowledge and enter into educated dialogue, then I encourage you to sign up for a TELOS class.



These TELOS students and future students are signing up to receive more information about TELOS classes at the open house for the spring quarter this year at Bellevue College north campus. At the open house, TELOS instructors explain what their classes are about and encourage students to sign up for their classes. Everyone is encouraged to attend the open house for the summer quarter held on June 6 to hear more about TELOS classes.

Taking a TELOS class this summer. TELOS students tell why.

By Penny Rathbun

Many TELOS students are making a TELOS class part of their summer activities. They tell why they think taking a TELOS class is a good activity to include along with picnics and spending time with grandchildren.

The Hunts are enjoying a class in the spring quarter. Mary Lou said, "We might have a rainy summer. A TELOS class keeps you thinking. I take a class because I like hearing new ideas. If you're not going away on an exotic vacation, why not take a class?" Her husband, Earl, had a different reason for taking a TELOS summer class. "It gives you something to

think about besides the Mariners," he said. The two have been taking TELOS classes 16 to 17 years.

"Taking a TELOS class keeps your mind stimulated," JoEllen Schill said. "I'm going to take TED talks. I'm telling everybody about all these things I'm learning."

Karen Weiss agreed that TELOS classes are good to keep your mind stimulated. "It's kind of a laid back time and it keeps you from vegging out over the summer," she said.

"It keeps your mind working," Gael Foote said. "Views of the News is all about what's going on in the world. Not all of my friends

want to talk about these things. I like having a community who likes to talk about what's going on in the world," Foote said. She was one of the first TELOS instructors when the organization began and now she is a TELOS student.

TELOS student Joan Westhoff thinks taking a TELOS summer class is a good idea because "it keeps your mind more on topic."

TELOS student Carol Leyton said TELOS classes keep her mind alert. She will still be taking a course this summer even though she and her family are going away (Continued on Page 3)

TELOS Instructor Profile: Candice Bradley

By Penny Rathbun



Photo by Penny Rathbun

Candice Bradley teaches "Culture, Ecology and Crisis" at TELOS

Bradley strongly encourages her students to examine the concepts of sociobiology and come up with their own ideas.

"Doubt everything, question everything, but believe in yourself," Bradley said. Sit in on a class discussion and it is apparent that her students have taken that to heart.

Bradley holds an undergraduate degree in interdisciplinary social relations from Immaculate Heart College and a Ph.D in social sciences from the University of California in Irvine. She studied overpopulation and fertility at the University of Kenya as a Fulbright Fellow.

"We are an organism," she said. "What do we come with that tells us how to behave?" Though her class covered serious questions, she conveyed a sense of fun to answering them.

"There is goodness deep in the human species for us to look back on and that we can build a moral future as a society grounded in reality and not in mythology," she said.

Taking her class is worth a stop on the journey to becoming human.

Ms. Bradley will be teaching "Culture, Ecology and Crisis" during the summer quarter.

Becoming human is a lifelong process. Just ask Candice Bradley.

She taught a new TELOS class called Evolution and Morality: Becoming Human during the 2014 winter quarter. Her class dealt with questions such as what is morality and why does it exist?

Students on Summer TELOS (Cont'd)

a few times this summer. "Five-year-olds are exciting, but not that exciting," she said.

Susan Temple is taking Views of the News and recommends a TELOS class in the summer. "I find the news interesting and probably always have," she said. "The news is about the world we live in. It's a good class."

"Other activities slow down in the summer," Priscilla Kaufmann said. "A TELOS class would be good in the summer because you gain

knowledge."

Priscilla and Michael Kaufmann are taking a genealogy course during the spring quarter. They will likely sign up for another class over the summer.

"We have a reduced summer schedule," said Michael, "so I'd have more time to take a class."

Sheryl Ludwigson is taking Audrey Rosenberg's class about the history of American quilts during the Civil War era. This is her take on the benefits of taking a TELOS summer class. "While sipping on lemonade you can come to a class and learn a

specific subject without fear of being tested on it."

Brenda West also took the history of quilts during the spring quarter. "Any time is a good time to learn," she said. "Classes are interesting and worth the time it takes away from your other summer activities."

While summer is a time to slow down and relax, many TELOS students enjoy taking classes at the Bellevue College north campus because it keeps their minds engaged and they always learn something new.

TELOS students use classes to keep minds alert. Summer provides the perfect time for that.

New TELOS Assistant Program Manager enjoys her job.

Angela Young has a passion for student development. She holds a Master's Degree in Human Resource Development and Curriculum Design from Indiana State University.

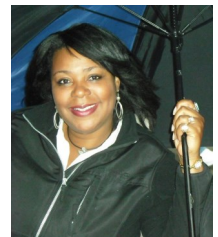
Her prior experience includes positions as managing director of a consulting firm and human resource manager for a software company. She has also taught in public schools and has

served on various advisory boards within the Lawrence Township School district in Indianapolis.

Her husband and three boys occupy most of her non-TELOS hours. She said she has accepted her new role as the shortest member of her family.

Angela encourages students to take a TELOS summer course.

"Summer is a wonderful time to get out and explore," she said. "Why not explore with TELOS? I had some TELOS students share with me how socially rewarding and intellectually stimulating the classes are here at Bellevue College North campus. What better way to receive wonderful sun rays and stimulate your brain all in one day."





OPEN HOUSE

for Summer Classes

Discover what you want to learn!

Bellevue College Continuing Education TELOS Program presents an **Open House** where you can learn about classes designed to enrich your life. Short presentations about classes and in-person conversations with instructors will be available.

Join us to hear overviews of many classes that are offered for the 2014 Summer Quarter:

- | | | | |
|------------|----------------|----------|------------------|
| Literature | Current Events | Science | Theater |
| History | Technology | T'ai Chi | Creative Writing |
- And **many** more.....

TELOS provides a wide variety of cultural and academic enrichment classes designed to fit your lifestyle and interests. All classes are held weekday mornings or afternoons at the Bellevue College North Campus.

Friday, June 6, 2014—1:00pm to 3:00pm

Bellevue College North Campus — Room #1125
14673 NE 29th Place, Bellevue

Bellevue College TELOS Program

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