

TELOScope

LIFELONG LEARNING
2016 SPRING QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

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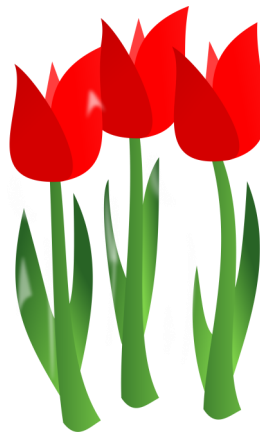
New learning opportunities are blooming

After months of the dark, rainy days of winter, it is exciting to see examples of new life poke up through the topsoil in neighborhood gardens. It is a reminder of the opportunities for growth and development that are available to us if we simply decide to take advantage of them.

One way to make the most of such an opportunity is to consider taking TELOS classes at Bellevue College's North Campus. This program offers a variety of thought-provoking courses for retirees. The atmosphere is intellectually stimulating and supportive. Classes are small and informal. Students and faculty interact as peers, making learning a creative exchange of ideas. Many students form lasting friendships.

Those registering at TELOS this quarter will have many options from which to choose: classes on any weekday (Monday through Friday) and at any of three class times (this quarter, classes will begin at 10:00 and run through 3:30 in the afternoon.) Some classes offer information in a

traditional lecture format while others encourage interactive learning through lively class discussions. These non-graded, non-credit classes are taught in a relaxed



atmosphere with an emphasis on learning, growth and fun--not performance.

Some of the topics that will be offered Spring Quarter at TELOS include ...

History & Politics – Egypt, Women in ancient Greece and Rome, Modern Chinese history, Israel, WWI, Two American revolutions, the Constitution, US presidential elections, The media and the presidential election, American trials

Arts & Literature – Women of Shakespeare, History of Rock & Roll, Arts and crafts of India, Italian cinema/literature, History of dance, American and European decorative arts, the Hollywood Indian, Early 20th Century art

Philosophy & Religion – Skepticism and Uncertainty, Philosophy of religion, the Righteous mind, Biomedical ethics, Comparative religion, Hinduism

Science & Technology – Geology of Rocky Mtns and Western states, Astronomy, Windows 10 Basics, Social media, Mobile devices, a Digitized life

Health & Healthcare – History of healthcare in America, Anthropology of violence, American health and lifespan, Brainpower, Health and healing across cultures

Interactive Sessions – T'ai chi, Creative writing, Discussions of current events and new ideas, Researching your family history, Writing your own story

See page 4 for details about your opportunity to learn more about TELOS classes at the **Spring Course Preview** on **Thursday, March 10, 2016**



TSO Holiday Festivities

The TELOS Student Organization (TSO), under the Events Committee leadership of Jerry Harkleroad and Susan Wilkins, organized a festive party at the VFW on 148th Ave NE. The room and stage were well decorated in winter holiday tradition. The gathering drew 71 TSO members for fun, fellowship and TSO community celebration.

Dr. James and Carole Maynard arranged for their granddaughter, Tessa Viamonte, a professional photographer, to take multiple pictures of the event and our fellow TELOS classmates. You can find the party, your friends and yourself at the following link: <http://tessaviamontephotography.pixieset.com/telos2015/>



TSO President Edie Heppler and VP Chuck Kimbrough presented Chris Steele, volunteer extraordinaire, with a large plaque and flowers in recognition of her many years of volunteer service to TSO. Among her many contributions, she has aided the TELOS program by helping develop curriculum, marketing TELOS, recruiting instructors and volunteers, and near daily coordination with Bellevue College staff. Her passion for service to the TELOS lifetime learning program is well known by

all who have taken classes over the years. The plaque was inscribed from TSO "with deep appreciation for your outstanding dedication and support."

Contributions by so many TSO volunteers make for enjoyable times at TELOS classes and TSO events like the Holiday Party, "Coffee and Wisdom" presentations, between quarter seminars and talks and the Summer Picnic/Annual TSO meeting. It's a collaborative group of people and you're invited to join in and share your skills. You can participate in the activities by going to the TSO web-site <http://studentweb.bellevuecollege.edu/telos-tso/contact-2/volunteer-opportunities/> and offering to help/volunteer your talents.

Winter Enrollment Continues to Climb

Winter quarter class offerings and enrollments for 2015 showed a marked increase over the same period in 2014. According to TELOS staff members there were 40 classes and two workshops being offered Winter Quarter compared to 36 in 2014. That is a 16% increase.

The number of class enrollments increased from 613 in 2014 to 754 this year—a 21% increase. A total of 508 individual students took courses compared to 481 last year—an almost 6% increase. Many students continue to take more than one class each quarter.

Changes Coming for Spring Quarter

FROM TELOS: One big change in store for Spring Quarter will be revised TELOS class times. In an effort to even out attendance, especially in the early classes, starting times have been moved up 30 minutes. The class times will be 10-11:30, 12-1:30 and 2-3:30. Getting more students into the early classes also might reduce some of the parking pressure, especially in the middle time slot.

FROM TSO: Beginning Spring Quarter, there will be a small fee added to the total cost of classes for students registering for the TELOS program. This is similar to the

student organization service fee paid each quarter by Bellevue College students on main campus. The fee of \$5 (charged once per quarter regardless of the number of classes) will cover costs incurred by the TSO (TELOS Student Organization) as it provides a variety of free seminars and social events throughout the quarter. For examples of TSO events planned for March 2016, see the article on the next page. For other information about this fee, please contact the TSO President, Edie Heppler (edieheppler@gmail.com) (425-241-5366).

TELOScope is
brought to you by
the TELOS Student
Organization (TSO)

[www.tinyurl.com/
telos-tso](http://www.tinyurl.com/telos-tso)



TSO events past and future

Dr. James Maynard's two lectures in December on "American Polity" provided a broad insight into American philosophical and political development.

Starting with the Puritan ethic and entrepreneurial spirit of the colonies, the drive to accumulate individual financial success and rugged individualism resulted in the mission to remake the world in America's image. A sense of exceptionalism arose in part from US territorial expansion and successful wars perpetuating the concept that force of arms may be required to protect and expand the American dream. Dr. Maynard's

weaving of about 350 years of western culture and philosophy with U.S. history provided an excellent foundation and backdrop to America's recent past and present political and cultural disputes.

Events planned for March

Members of TSO's curriculum committee are hard at work arranging for interesting seminars and presentations for members during the March break between quarters. Specific information will be sent when final details have been settled. For now, here are some teasers ...

- * A safari through sub-Saharan East Africa – Wed, March 2
- * Overview of Spring Quarter's "Eastside Stories" class – Thurs, March 10
- * "Crow Funerals" – Wed, March 9
- * "Japonisme: Japanese Art's Influence in the Late 19th Century" – Tues, March 15
- * Everything you wanted to know about Pluto – Thurs, March 24
- * Life through the Rearview Mirror of the Pink "Toe" Truck – Fri, March 25

More Suggestions for Reading from TELoSians

Alex Sytman: *Power, Faith, and Fantasy: America in the Middle East, 1776 to the Present* by Michael Oren

Arnold Kern: *Destiny and Power* by Jon Meacham

Jim Meisner: *The Passage of Power: The Years of Lyndon Johnson* by Robert Caro

John Turnock: *The Fall of the House of Dixie The Civil War and the Social Revolution That Transformed the South* by Bruce C. Levine

Marilyn Delacy: *The Warmth of Other Suns* by Isabel Wilkerson

Mark Kiviat: *All the Light We Cannot See* by Anthony Doerr



A chance to learn the "Eastside Story"

A group of four expert instructors will combine this spring to teach an 8-week course on the history of the East Side. Jane Morton, Thomas Hitzroth, Erica Maniez, and Loita Hawkinson will present what they call a smorgasbord of East King County history.

Two weeks will be devoted to the growth and history of Bellevue and will be taught by Morton. She is a

retired classroom teacher in the Bellevue school system.

Hitzroth has specialized in the history and development of Redmond from 1870-1930. He will concentrate on the development of Redmond in weeks 3 and 4.

Maniez has been the Director of the Issaquah History Museum since 1999. She will be covering Coal

Town and its cast of characters in weeks 5 and 6.

Weeks 7 and 8 will be led by Hawkinson and will cover the eras of development in Kirkland as well as the contributions of women. She is a charter member of the Kirkland Heritage Society and has been involved with the society for more than 15 years.

More TELOS Class Break Sessions Enjoyed

What is a "Life Straw"? Why do you need to have an out-of-state emergency phone number? How much water should you store to prepare for the Big One?

Learning to survive a catastrophe may not sound like a festive way to celebrate the holidays, but attendees at the **Emergency Preparedness** presentation on December 11 came anyway, and learned the answers to these and many other questions. Presenters were Sophie Lopez from the City of Bellevue and Kayla Grayson from Bellevue College. Check the TSO website for the contents of the presentation to find answers yourself.

What has, among other things, a broad beam, strong legs and an elongated body?

For the answer, ask a Telosian lucky enough to attend Connie Sidles' two part presentation, "**Birds in Winter: How birds cope with adverse conditions**" and "**Waterfowl of Winter: Life is Just Ducky**" in early December. What better way for Telosians to enjoy the winter break between classes than to learn more about local wildlife? Connie's many fans enjoy not only her breadth of knowledge about local birdlife, but also her wry and entertaining delivery.

SAVE THE DATE!

Be ready to bloom
with *Spring TELOS Classes!*
Preview class topics



Bellevue College Continuing Education TELOS Program presents a **Spring Course Preview** where you can learn about classes designed to enrich your life. Short presentations about classes will begin at 1:00 pm and in-person conversations with instructors will be available afterwards.

Join us to hear overviews of many classes that are offered for the 2016 Spring Quarter:

Literature **Current Events** **Science** **Philosophy**
History **Ideas** **Arts** **Creative Writing**

TELOS provides a wide variety of cultural and academic enrichment classes designed to fit your lifestyle and interests. All classes are held weekday mornings or afternoons at the Bellevue College North Campus.

Thursday, March 10 — 1:00pm to 3:00pm

Bellevue College North Campus — Room #1125

14673 NE 29th Place, Bellevue

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