



BELLEVUE
COLLEGE

COMMUNITY EDUCATION

TELOS Course Schedule FALL 2023

Explore a variety of compelling and fascinating courses for retirees, semi-retirees, and active seniors. Designed to focus on learning, growth, and fun—not performance.



**COURSES
ARE ONLINE OR
IN PERSON AT
MAIN CAMPUS
THIS FALL!**

Connect with Our Community

Join us at our first welcome event on main campus,
TELOS Community connects, on September 12. See page 9 for details.



Since the TELOS program began in 1976, the oak tree has been its distinctive symbol. Telos is the Greek word (τέλος) meaning ‘fulfillment.’ And that’s what the TELOS program offers: an engaging community where adults can fulfill their continuing desire to learn and grow.

TELOS presents a broad range of classes to meet a wide variety of interests. The atmosphere is intellectually stimulating and supportive. Classes are small and informal. Students and faculty interact as peers, making learning a creative exchange of ideas. Many students form lasting friendships.

At TELOS the emphasis is on education and growth, not measuring performance. There are no entrance requirements, grades, or tests.

2 Ways to Register

1. Online Registration

At bellevuecollege.edu/ce/retiree-programs, click the “Browse Catalog” button on the right side of the homepage. On the Course Catalog page, click Retiree Programs (TELOS) in the left-hand column. You can browse courses by subject matter or day of the week. Follow the instructions after placing a course in your cart to complete your purchase and registration.

2. Phone-In Registration

Call us at **425-564-2263**. Please have your student I.D. number, credit card information, and course item number ready.

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, veteran status, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at bellevuecollege.edu/policies. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2178, Office B126.

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Every effort is made to ensure that information and fees are accurate; however, changes, corrections, or cancellations of courses or fees may occur.

Community Education reserves the right to cancel any class. For the most current information, check **BCconted.com**.

MONDAYS

Creative Writing

In this course, students will practice their skills at story-telling and character building through in-class writing prompts and weekly homework assignments. The focus will be on how to evoke emotion, create compelling dialogue, write realistic characters and more. Students will explore storytelling in a fun and safe environment where they will be encouraged to share their work and provide constructive feedback on their classmates' work. This course is intended for all genres and skill levels. Fee: \$99

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|-------------|------------------|--------------|
| Item F36307 | Heather LeRoss | Online |
| 8 Mondays | Sept. 25–Nov. 13 | 12:00–1:30pm |

Egyptian Voices: Art and Architecture

The beauty and distinctiveness of ancient Egyptian art and architecture are among this great civilization's most lasting legacies. Join us as we explore the iconography, style, materials, and techniques of their architecture, works of art, and jewelry within the broader context of their cultural significance over the 4,000 years of ancient Egyptian society. Fee: \$99

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| Item F37289 | Cynthia Smith | Online |
| 8 Mondays | Sept. 25–Nov. 13 | 10:00–11:30am |

Master your Mac

MacOS is the operating system that powers every Mac. It lets you do things you simply can't with other computers. That's because it's designed specifically for the hardware it runs on and vice versa. MacOS comes with an entire suite of beautifully designed apps. It works hand in hand with iCloud to keep photos, documents, and other stuff up to date on all your devices. It makes your Mac work like magic with your iPhone and other Apple devices. And it's been built from the ground up with privacy and security in mind. In this class you'll learn dozens of tips and tricks about Mac OS, the operating system, so you can get more done and have more fun with your Mac every time you use it, for everything you do! Fee: \$99

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| Item F36328 | Paul Schmid | Online |
| 8 Mondays | Sept. 25–Nov. 13 | 10:00–11:30am |

TUESDAYS

Basic Photography Principles

This course introduces students to basic photographic principles and the use of cameras, lenses, and lighting equipment. There will also be a brief overview of the history of photography and the development of cameras and lenses over the last century. To better understand how cameras turn light into images, there will be simple explanations and comparisons of how film cameras and digital cameras work. Discussions will include basic composition concepts to enhance images. The course will conclude with information on image file handle and simple image manipulation with basic photo editing tools. Students will also have an opportunity to participate in a fun weekly photo assignment involving shooting a common theme and critiquing the results. Fee: \$99

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| Item F36280 | William Jones | Building A, A240 |
| 8 Tuesdays | Sept. 26–Nov. 14 | 10:00–11:30am |

Earthquakes!

Earthquakes! will introduce the science of earthquakes. Students will take a look at the different types of faults that cause earthquakes and the distribution of earthquakes in the Northwest, across the United States, and around the world. Fee: \$99

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| Item F37281 | Dale Lehman | Building A, A206 |
| 8 Tuesdays | Oct. 3–Nov. 21 | 12:00–1:30pm |

Free Verse Poetry: A Survey

This course will focus on "free verse" poetry written by celebrated poets, including those from an earlier era, such as Walt Whitman, Edgar Lee Masters, Carl Sandburg, William Carlos Williams, e.e. Cummings and Langston Hughes. Students will also be reading free verse poetry written by contemporary poets such as Laura Gilpin, Margaret Atwood and Rita Dove. Students will receive a list of the poets for each week. During class meetings, students will take turns reading selected poems, after which there will be an opportunity to share thoughts about any or all of the poems that have just been read. Fee: \$99

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| Item F37282 | David Summers | Online |
| 8 Tuesdays | Sept. 26–Nov. 14 | 2:00–3:30pm |

Introduction to Drawing

Draw with confidence. Learn to see differently and gain skills quickly while developing your line, form and perspective techniques. Exercises include contour drawing, value studies, and creating depth. We will be working with pencil and using the season as our inspiration. All levels welcome! Fee: \$109

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| Item F36302 | Stacey Almgren | Online |
| 6 Tuesdays | Oct. 3–Nov. 7 | 9:30–11:30am |

Introduction to Watercolor

Try your hand at a spontaneous medium. Develop basic watercolor painting skills in a relaxed environment. Study composition, color mixing and color relationships. Through demonstrations and experimentation, you will create a variety of artwork from abstract to landscape. We will be using the seasons as our inspiration. All levels welcome! Fee: \$109

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| Item F36303 | Stacey Almgren | Online |
| 6 Tuesdays | Oct. 3–Nov. 7 | 12:00–2:00pm |

Rock Year by Year: 1954–1959

This course goes on a year-by-year analysis of the music, performers and genres associated with and around the first decade of Rock n’ Roll. Each week in chronological order, the songs and performers of a given year will be examined in detail. This includes not only reviewing the music in question, but an analysis of the crossover influences of neighboring musical styles of the time: Country & Western, Rhythm & Blues and the Pop standards. Attendees will have an opportunity to contribute to the overall discussion and share their knowledge, likes or dislikes of the various artists and recordings being featured. Previous knowledge of the period, the musicians or the music is not required. Fee: \$99

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| Item F37166 | John Jensen | Online |
| 8 Tuesdays | Sept. 26–Nov. 14 | 12:00–1:30pm |

Uncovering Europe’s Castles

Embark on a journey through the rich history of European castles with this class. Discover the secrets of France, England, Spain, Italy, Germany, and Eastern Europe’s most important castles. Explore the history and hidden art treasures of these magnificent structures. Delve into the archeology and uncover the secrets of the past. Appreciate the art history and the exquisite craftsmanship that went into creating these wonders. Join us for an unforgettable adventure of mystery, discovery, and learning. Fee: \$99

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| Item F37161 | Florence Dusauroy | Building A, A252 |
| 8 Tuesdays | Sept. 26–Nov. 14 | 10:00–11:30am |

WEDNESDAYS

American Drama: Eight Great Plays

Students will read and discuss eight thought-provoking plays written by four of America’s greatest playwrights, beginning with *Beyond the Horizon* and *Desire Under the Elms* by Eugene O’Neill, followed by *A Streetcar Named Desire* and *Cat on a Hot Tin Roof* by Tennessee Williams, then *The Crucible* and *Death of a Salesman* by Arthur Miller, and finally *Who’s Afraid of Virginia Woolf* and *A Delicate Balance* by Edward Albee. All of the plays will be available online. Fee: \$99

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| Item F37283 | David Summers | Online |
| 8 Wednesdays | Sept. 27–Nov. 22 | 2:00–3:30pm |

NO CLASS OCT. 11

Creative Nonfiction

Students will analyze, write, and edit creative nonfiction stories tying together their experiences by interpreting short stories from around the world. Students will relate personal experience and background knowledge to connect and reflect on these texts. This course will apply classic writing techniques such as analysis of symbolism, action, topic, and theme. Fee: \$99

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| Item F36305 | Donna Cowan | Building A, A252 |
| 8 Wednesdays | Sept. 27–Nov. 22 | 10:00–11:30am |

NO CLASS OCT. 11

Views of the News

This participative discussion class looks at national and international current affairs each week. Discussions include politics and other topic matters suggested by the group. Events are considered based on their effects today and into the future, historical context and leadership. Fee: \$99

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| Item F36639 | Gerald (Jerry) Bunce | Building T, T124 |
| 8 Wednesdays | Sept. 27–Nov. 22 | 12:00–1:30pm |

NO CLASS OCT. 11

THURSDAYS

120 Years of Dance in the Movies

An engaging course that reveals the technological advances, social changes, and economic impact of modern society's evolution over the past century. Through many spectacular dances in movies old and new, three of which are watched each week, true aspects of modern life are depicted. New perspectives are gained through discussion and analysis of story, music, lyrics, costuming, casting, direction, and movement styles. The work of Danny Kaye, Donald O'Connor, Gene Kelly, Dick Van Dyke, Moira Shearer, Cyd Charisse, Gower Champion, Jerome Robbins, Susan Stroman, Andy Blankenbuehler (Hamilton) and more are watched, dissected, and discussed. Learn the back stories, intention and meaning behind the dances and the dance makers. Step behind the scenes for movie dances demystified! Fee: \$99

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| Item F37288 | Claudia Lawrey | Building T, T119 |
| 6 Thursdays | Sept. 28–Nov. 2 | 12:00–2:00pm |

American History 1800–1860

Students will examine the years of western expansion, taking only the essentials; “a good gun, a good horse, and a good wife.” Student will discover the revolution in economics and transportation of factories, canals, and railroads to move the new goods. And in the South, it was the expansion of the new crop, cotton. Students will also delve into the religious, artistic, and philosophical trends of the time, the Second Great Awakening, the Abolition Movements, and the Transcendentalists. Fee: \$99

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| Item F37157 | Kristine Busch | Online |
| 8 Thursdays | Sept. 28–Nov. 16 | 10:00–11:30am |

Creative Writing

In this course students will practice their skills at storytelling and character building through in-class writing prompts and weekly homework assignments. The focus will be on how to evoke emotion, create compelling dialogue, write realistic characters, and more. Students will explore storytelling in a fun and safe environment where they will be encouraged to share their work and provide constructive feedback on their classmates' work. This course is intended for all genres and skill levels. Fee: \$99

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| Item F36311 | Heather LeRoss | Building A, A252 |
| 8 Thursdays | Sept. 28–Nov. 16 | 2:00–3:30pm |

Famous Artists Through Time

Explore ‘Famous Artists Through Time.’ Discover the most influential artists and their notable works, along with the story behind their creations, their life, rivalries, and unexpected discoveries. Students will explore the works of Raphael and Michelangelo, Rembrandt and Vermeer, Caravaggio and Bernini, Velasquez and Goya, Delacroix and Ingres, Monet and Van Gogh, Picasso and Matisse, and Kahlo and Dali. Explore the fascinating world of art history and the masters who shaped it. Fee: \$99

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| Item F37159 | Florence Dusaosoy | Building A, A252 |
| 8 Thursdays | Sept. 28–Nov. 16 | 10:00–11:30am |

TELOS Community Connects

Please join us at our first fall event on main campus! This is a great opportunity to connect with the community of active seniors at Bellevue College and get information about what classes are offered for this fall.

This informal event will be held on September 12, from 10:00 a.m.–12:00 p.m. in Building A, Room 265, on main campus. We hope you'll come by and learn more about TELOS and what courses are offered this fall! Please register to let us know you're coming.



Photostyle: The Art of Arranging

Increasingly arranging what is in front of your lens, whether man-made or natural objects, makes the best, most memorable photographs. Doing so takes your photography into a whole new and very current realm. Yet ironically, arranging, like photography itself, is an art. It takes great imagination and is very challenging. There are professional photostylists, even specialized food photostylists. Explore the principles of styling, learn the tricks and techniques, part of photography almost never taught. Practice with weekly assignments. Class sessions will be live on Zoom; assignments will be posted on Flickr.com for asynchronous sharing and feedback plus sharing live. Fee: \$99

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| Item F37287 | Raymond Pfortner | Online |
| 6 Thursdays | Oct. 12–Nov. 16 | 2:00–4:00pm |

Planets, Stars and Galaxies

One hundred years ago, astronomers first discovered the shape and size of our home galaxy, the Milky Way. A few years later, it was discovered that our galaxy is one of trillions in an expanding universe. This course will explore the foundations of astronomy along with recent discoveries as humanity continues to learn how to understand its place in this awesome universe. Fee: \$99

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| Item F37162 | Ron Hobbs | Building A, A110 |
| 8 Thursdays | Sept. 28–Nov. 16 | 12:00–1:30pm |

Views of the News

This participative discussion class looks at national and international current affairs each week. Discussions include politics and other topic matters suggested by the group. Events are considered based on their effects today and into the future, historical context and leadership. Fee: \$99

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| Item F36314 | Charles (Ted) Watts | Online |
| 8 Thursdays | Sept. 28–Nov. 16 | 10:00–11:30am |

FRIDAYS

Discover Your iPad

Discover everything you need to get the most out of your iPad including gesturing, typing, dictation, text replacement, rich text formatting, email tips and tricks, and discovering and downloading apps. This will include library apps that can help access free movies, books, and music. Students will also learn to use iPad apps for taking notes, managing and enjoying photos, and so much more. After learning how to set up an iCloud account, find a lost iPad, work with text, such as predictive text, selecting and modifying text, and using Live Text in photos. Students will also learn about “the cloud” and iCloud, as well as group calls and screen sharing in FaceTime. Students will also have fun with messaging, adding a signature to emails, and how to get the most out of Safari. Students will also learn to take screenshots and screen recordings, get the most out of Maps, and use the Calendar App. Fee: \$99

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| Item F37284 | Paul Schmid | Online |
| 8 Fridays | Sept. 29–Dec. 1 | 10:00–11:30am |

NO CLASS NOV. 10 and 24

Discover your iPhone

Explore iPhone features that help you connect with others, be more present and in the moment, explore the world, and use powerful intelligence to do more with iPhone than ever before. This class will explore features like FaceTime, SharePlay, the Health App, Wallet, Maps, and iPhone Intelligence to unlock rich and useful information in images so you can make a call, send an email, or look up directions with just a tap on the highlighted text in a photo. Fee: \$99

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| Item F36322 | Paul Schmid | Online |
| 8 Fridays | Sept. 29–Dec. 1 | 12:00–1:30pm |

NO CLASS NOV. 10 and 24



Expanding Community Education Offerings

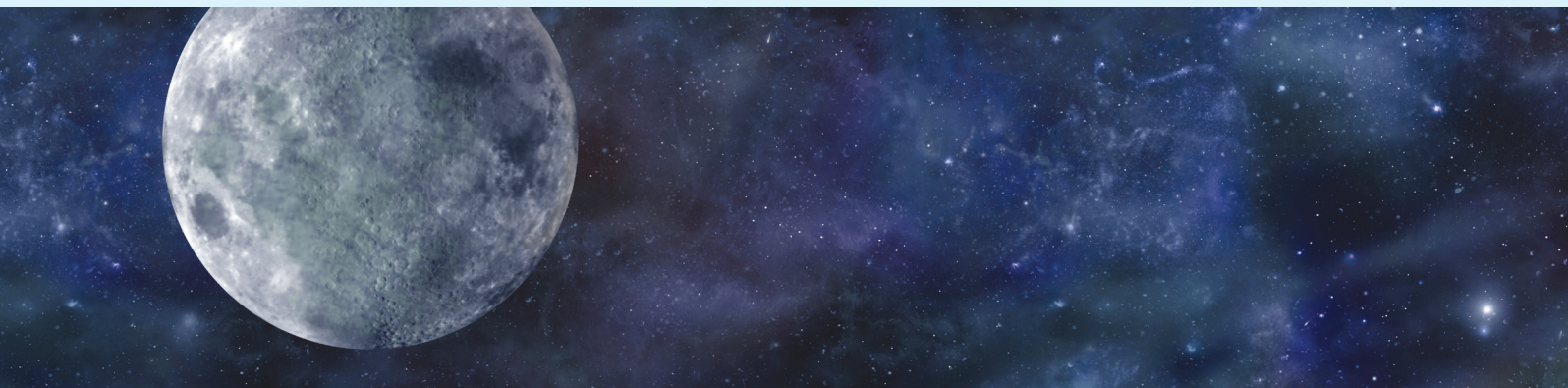
We are now accepting course proposals for winter and spring in Art & Design, Personal Enrichment, Teens, and TELOS! To download the course proposal form, click on ‘Information and Forms’ at bellevuecollege.edu/ce/about. Once completed, you may email them to ce-communityprograms@bellevuecollege.edu.

When Ron Hobbs learned that NASA was recruiting volunteers to “share the excitement of space exploration” he knew it was something he could do. Being accepted as an education and public outreach volunteer in the Solar System Ambassadors Program led to working at the Museum of Flight, and teaching in K–12 classrooms and at the TELOS Program.

Ron continually hears from astronauts and cosmonauts that the experience of seeing the Earth from afar against the blackness of space is a transformational experience, something that has been called the Overview Effect. He believes that learning about astronomy and space science allows us to use what Carl Sagan called the “spaceship of our imagination” to experience that planetary perspective. As far as he is concerned, this perspective is a prerequisite for the continued development of a truly just and sustainable civilization on this planet and any other worlds human beings choose to inhabit.

“As someone who dreamed of exploring Mars, I have always seen “nature” in the grandest of terms, as the whole universe. My personal learning goal is to know my home in the Milky Way Galaxy like I know the neighborhood of my home in Seattle,” states Ron.

Planets, Start and Galaxies will be an in-person course at the main campus, starting on September 28, running every Thursday through November 16, 2023.



World Languages

The World Languages program offers the most comprehensive, non-credit selection of language classes in Washington state. Whether your goals include travel, hobby learning or enhancing your career, you will find our courses to be affordable and accommodating.

PROGRAM AREAS:

American Sign Language, Chinese (Mandarin), French, German, Italian, Korean, and Spanish

Go to bellevuecollege.edu/ce/language to register.





3000 Landerholm Circle SE
Bellevue, WA 98007

Community Education has moved to main campus



For helpful resources finding your way to and around main campus, go to bellevuecollege.edu/maps-directions