



TELOScope

LIFELONG LEARNING
2023 WINTER QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

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Continuing to thrive through the winter

We recently received the following message from fellow TELOSian, Jerry Bunce. "I have reached a milestone. $\frac{3}{4}$ of a century! How about that! I am 75 and still alive, still able to drive, still riding my bicycle to thrive, still grooving to the jive, and making some silly rhymes."

His comment expresses an attitude that is common among many in our student population at Bellevue College's TELOS program. This program offers a variety of compelling and fascinating courses designed to focus on learning, growth, and fun — not performance. Registration is currently open for Winter Quarter and some of the topics being offered include ...

History and Current Events – American History 1750-1790, Vikings: Valhalla and



Ragnorak, Egyptian Voices: The New Kingdom, Environmental Law and Politics, Supreme Court Purpose and Politics, The New Yorker Discussion Group, The Third Reich 1933-1939, Views of the News, Modern Buddhism, The Future of the Final Frontier

Art and Literature – Introduction to Drawing, Introduction to Watercolor, The Secrets of Painted Portraits, From Book to Film, Phone Photography: Composition, Roots of Rock & Roll: 1950s-60s,

The Beatles, Creative Writing: Flash Fiction, Women in Art History, Stories from the Dark Side

Science and Technology – Introduction to Genealogical Research, Geology of National Parks, Cybersecurity Basics

Health and Well-being —Comfortable Feet, The Closet in Your Skeleton

(Please see the TELOS website for the most recent details on classes at www.bellevuecollege.edu/ce/retiree-programs/)

To register for TELOS classes ...



- Online Registration at Bellevue College Continuing Education website (for detailed class information)
- Phone-In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.

For further information on registering, see a step by step description at <https://studentweb.bellevuecollege.edu/tepos-tso/how-to-register>

TELOSians can get student discounts too!

By Sandi Medendorp

TELOS students are Bellevue College students with Bellevue College email addresses in the following format: Firstname.Lastname@bellevuecollege.edu

Use this email address (and/or your student ID number) to get student discounts such as these suggestions from **WIRED** Magazine (<https://www.wired.com/story/best-student-discounts/>):

Magazine and Newspaper Subscriptions

We're biased, but a year of print and unlimited digital access to **WIRED** costs \$5 per year for students and educators. Students can also save on subscriptions to *The Economist*, *The New York Times*, *The Wall Street Journal*, *The Atlantic*, *Bloomberg*, and more. If there's a magazine or newspaper that you frequently read, it's likely that you can get a discount when you subscribe.

HP Education Discounts

Sign up for HP education discounts by verifying your .edu email address. HP says eligible shoppers may be able to save up to 77 percent off on select products.

Microsoft Back-to-School Deals

Microsoft offers up to 10 percent off a variety of products, including Surface devices and accessories. (<https://www.wired.com/story/microsoft-surface-buying-guide/>) Parents and students are both eligible.

Discounts on Verizon Phone Plans

Unlimited plans are discounted by as much as \$25 per month for college students. As is usual with cell phone service providers, terms and conditions apply, but it's worth looking into if you're a Verizon customer (or considering making a switch.)

\$5 off YouTube Premium

Typically, YouTube Premium costs \$12 per month, but the cost drops to \$7 for students. The membership includes access to both ad-free YouTube videos and ad-free YouTube Music. There's a one-month free trial if you're interested in trying it out.

Old Tunes, Good Friends and a New Venue

In most years, seminars presented by TSO have been an opportunity to get together with friends at TELOS to learn something new. During our pandemic challenged years, however, the "get-together" part had to be via zoom. But on September first, we had the chance to meet with TELOSian friends face-to-face (or more accurately "mask-to-mask") for a seminar filled with familiar music and *tales of pirates*.



In a large, open room with plenty of space at the Redmond Community Center, almost 40 TELOS students listened to popular instructor John Bishop as he relayed stories of how ingenious music entrepreneurs provided teens throughout England and much of Europe with the 60's rock & roll hits the BBC radio stations refused to play. They accomplished this by broadcasting radio programs of the popular music from ships (known as radio pirates) anchored in international waters in the North Sea just outside of the three mile limit. From that location, they were able to avoid government restrictions on the music that was deemed worthy of broadcast as well as the expense of paying royalties to the companies producing the music that was played. John's presentation was even more interesting due to the personal stories he told of his experiences as both a police officer in England and fan of the radio pirates during that time.

TELOScope is
brought to you by
the **TELOS Student
Organization (TSO)**

<http://tso-telos.org>
For further information or
to submit comments,
send emails to
info.telos@gmail.com



Editor: Sue Black

The President's Report

Telos Student Organization is working with College staff to accommodate a move of all TELOS in-person courses to Main Campus in (maybe) Fall of 2024. We also continue our efforts to re-establish a very modest student fee added to TELOS registration to support the seminars and other TSO programs of value to membership. TSO is very fortunate to have the wonderfully effective Curriculum Committee Chair Donna Obrembt to spearhead the very interesting between-quarter seminars. She is great!

TSO is also fortunate to have a Council that has both "old timers" with a lot of experience and newer members who bring a fresh look at the program. "Old timer" Jerry Harkleroad has been working on some marketing ideas supporting the TELOS program, including an innovative "yard sign" concept that was initiated just before Fall Quarter. Volunteers placed almost 150 signs which were creatively designed by college staff in conjunction with input from Jerry. Very striking signs that hopefully attracted the attention of the public not previously aware of the TELOS program.

TELOS began some in-person classes in the Summer Quarter. More for the Fall Quarter along with online courses too. But, Murphy's Law intervened and the College will likely close the only elevator at the North Campus building for elevator repairs sometime in Winter quarter (of course it couldn't have been done during the pandemic when the building was closed). At that time, in-person classes will be temporarily moved to Main Campus. Hopefully the mix of online and in-person at N. Campus will resume soon after.

TSO continues to work with college staff on strengthening the TELOS program. We have met with President Locke recently (who will retire next June) and are in regular contact with Dennis Curran who heads up the Main Campus move for the College. Staff attached directly to the TELOS program are joining our monthly Council meetings and making themselves available for our input, which is mutually appreciated. We in the TSO are working hard to fulfill our cardinal purpose of supporting the TELOS program and its growth.

Election of new Council and Officers of TSO will take place next June. Please consider taking a position. It is rewarding and not too demanding of time. Its compensation is the satisfaction from supporting a program of great importance to the health and growth of the Bellevue College TELOS program and to its participants personally.

Ted Watts, President, TSO

Winter Dreaming

By Linda Wilson

Your writer was having difficulties imagining an article about winter, as it is the middle of October and it is 80 degrees and sunny! How we will long for this kind of weather come February! But then she remembered that she was already working on her Christmas card design. So, maybe, winter wasn't that far away.

What do you think about when imagining winter? Do you begin reading travel articles about far away and warmer climates? Or maybe you are searching for cozy winter reads. Are you planning for holiday get-togethers with friends and/or family? While reading this has your mind begun to wander and wonder what treasures the next season will bring each of us.



Our family has a cookie exchange and I am always looking for new recipes to try, although I will now at my age be looking for easier recipes, Never again the soft caramels that take an hour of stirring on the stove and hours of cutting and wrapping individual pieces. Whatever you are thinking about and planning, make sure there is a good lump of joy in your endeavor. And raise a glass of your favorite beverage and toast the first snowflake that drifts to earth.

Recommended Reading

2022 Book list suggestions from two avid readers:

Barack Obama

Sea of Tranquility by Emily St. John Mandel
Why We're Polarized by Ezra Klein
The Candy House by Jennifer Egan
A Little Devil in America: In Praise of Black Performances by Hanif Abdurraqib
To Paradise by Hanna Yanagihara
Silver View by John Le Carre
Black Cake by Charmaine Wilkerson
The Family Choa by Lan Samantha Chang
Velvet Was The Night by Silvia Morena-Garcia
Mouth to Mouth by Antoine Wilson
The Great Experiment: Why Diverse Democracies Fall Apart and How They Can Endure by Yascha Mount
The School For Good Mothers by Jessamine Chan
Razorblade Tears by S. A. Crosby
Blood in the Garden: The Flagrant History of the 1990s New York Knicks by Chris Herring



Bill Gates

The Power by Naomi Alderman
Why We're Polarized by Ezra Klein
The Lincoln Highway by Amor Towles
The Ministry for the Future by Kim Stanley Robinson
How the World Really Works by Vaclav Smil

Penguins in the Desert?

By Donna Oberembt

“Most of us wouldn’t think to look for penguins in a desert, but every year, along a windswept edge of coastal Patagonia, hundreds of thousands of Magellanic penguins gather to rear their young at Punta Tombo, Argentina.” These are the words of Dr. Eric Wagner, who gave us a seminar on “Penguins in the Desert”. He spent 6 months in 2008 studying these “desert” penguins at the largest penguin colony in the world outside of Antarctica, amidst the heat and dust of the desert.

He worked under the direction of biologist Dee Boersman, who having studied these penguins for 40 years, believes that they are “ecosystem sentinels”. The field study is to understand why there has been a decline in their numbers (from 1 million at their peak to half that today); overfishing that reduces their food supply?;

catastrophic oil spills?; looming effects of climate change?; or a combination of all of these.

Despite the 14 hour days, no days off, living in a trailer, losing sleep due to the “braying” of the penguins (known as the jackass penguins for a reason), being repeatedly bitten by them, Dr. Wagner came to find these Magellanic penguins as the “most charismatic creatures on earth”. He got to know them well, finding that they endure love (finding a mate), loss (survival rate is low) and divorce (usually because either no chick results from the mating or the chick dies). His stories including one about a “trailer” penguin who nested under his trailer and brayed loudly, long into the night and another about Turbo, who was partial to humans and incubated a rock, were told with humor, warmth and affection for these wonderful birds.

Class Hosts are Returning!

By Sandi Medendorp

Through a system of volunteering at TSO council, class hosts have re-appeared in many of the TELOS classes. The primary function is to inform the students about TELOS Student Organization (TSO) which is not part of Bellevue College Administration. It is the student organization created and operated strictly by the TELOS Students. It is a student club from the college's point of view.

Because of Covid and the move to Zoom, many TELOS students may not be aware of TSO. Please take a minute to make sure that all your TELOS friends know about TSO and that they have sent their email address to info.telosso@gmail.com. This is the only way to stay informed on TSO news. Oh wait! You can also go to the website anytime to check the calendar for club meetings and TSO seminars/committee meetings:

Studentweb.bellevuecollege.edu/telos-tso/about-tso/

And please consider becoming an active TSO volunteer by class hosting, club hosting, visiting a council meeting or attending one of the many club meetings. (email info.telosso@gmail.com anytime to be invited or included in any TSO activities). This is an amazing community!

Too High & Too Steep

Have you ever taken the Underground Tour in downtown Seattle? I took it when I first moved here. It confused me even after I was told it was the result of a fire that nearly burned the city down. I was even more confused when I was told that the city was originally surrounded by several steep hills some of which were washed into the Sound using hydraulic cannons. My confusion was finally cleared up when I attended a TSO sponsored seminar from David Williams based on his book "Too High & Too Steep."

As David (ably assisted by Ted Watts) showed us pictures and maps of early Seattle, we were able to see where the Pioneer Square area, initially known as "The Little Crossing Over Place," was surrounded by mudflats that were 10 to 15 feet below the water level at high tide.

Pine Street, rising from the waterfront gained about 100 feet in elevation in approximately a mile. Denny, however, gained that much elevation in only one block! The idea of introducing "regrades" of the topographic challenges presented by these various elevation changes was an impressive solution. Homes and other buildings on Denny were destroyed, moved or lowered as the "steep and high Denny bluff" was washed into the Sound. Our presenter, David Williams, was able to use his deep knowledge of Seattle and his scientific background to illuminate the physical challenges of these large scale transformations. For more detail, his book, "Too High and Too Steep" is available in both hardcover and paperback.

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Sharing the Gratitude

By Andrea Smith-Clarke



Members of the TSO Curriculum Committee took the opportunity on August 31 to present Chris Steele with a very special Certificate of Appreciation for the many years of thought, effort and energy she has given to the TELOS Student Organization. The scene is the basement (former coffee bar/social hangout) of TELOS students on the North Campus and the occasion is the Great Closet Clean-Out of all TSO supplies and memorabilia that needed to be removed as TSO transitions to its new Main Campus home. The stars were in alignment for it: Chris was there volunteering at the very beginning when TSO was the TELOS Advisory Group (TAG) and saw the Curriculum Committee through 15 years as Chair, even consulting on new instructor hires before TELOS was incorporated as a program within Bellevue College in 2013.

An ending at North Campus is a new beginning in another location, and Chris saw that things were sorted and reorganized for the next TSO reincarnation. Pictured are Curriculum Committee cohort: Donna Oberembt, Sandi Medendorp, Andrea Smith-Clarke, Chris Steele and Raleigh Ridgeway, transport person. Photo courtesy of Edie Heppler.

Important TELOS / TSO Dates* in December

- Fri Dec 2** 9:30 AM TSO Political Book Club
- Mon Dec 5** 10 AM "Geology of the Columbia Gorge" with Lloyd DeKay (online)
- Tues Dec 6** 10 AM Taste of TELOS with Winter Qtr 2023 Instructors (online)
- Wed Dec 7** 10 AM Taste of TELOS with Winter Qtr 2023 Instructors (online)
- Thurs Dec 8** 10 AM "Ceramics" with Marge Levy (online)
- Fri Dec 9** 9:30 AM TSO Constitutional Club
- Mon Dec 12** 10 AM "The Guidance Groove" with Carolyn Kurle (online)
- Wed Dec 14** 10 AM "All About Owls" with Connie Sidles (online)
- Thurs Dec 15** 3:30 PM TSO Curriculum Committee
- Fri Dec 16** 9:30 AM TSO Constitutional Club
- Fri Dec 16** 1 PM TSO Book Club
- Mon Dec 19** 10 AM "Bellevue Police Dep't" with Alycia McKinney (online)
- Fri Dec 23** 9:30 AM TSO Constitutional Club
- Wed Dec 28** 10 AM "Sex After 60" with Dr. Barbara Cochrane (online)
- Wed Dec 28** 3:30 PM TSO Council



Fri Dec 30 9:30 AM TSO Constitutional Club

Fri Dec 30 2 PM TSO American History Book Club

*Club details available at <https://studentweb.bellevuecollege.edu/telos-tso/social-activities/> Email info.telosso@gmail.com for zoom invite to any of these meetings on line.