

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

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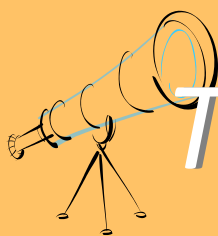
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TELOScope

LIFELONG LEARNING
2022 SUMMER QUARTER

Lazy, Crazy Days of TELOS

Those lazy, crazy days of summer offer the perfect, less frantic pace for new experiences. As students in the Bellevue College TELOS program, you can investigate new topics, open yourself to stimulating ideas and information while enjoying a warm social environment with others who also seek lifetime learning. Many different worlds are waiting for you at TELOS this summer quarter. Some of them include ...



20th Century, The Beatles, The "New Yorker" Discussion Group, Book Club: Tess of the d'Urbervilles

History, Culture & Current Events – Views of the News, The Surrealist Revolution, Music, Art and Social Change, Egyptian Voices: A Day in the Life, US Mexico Borderlands

Visual Art & Beauty – Painting the Seasonal Bloom, Speed Decorating

(Please see the TELOS website for the most recent details on classes at www.bellevuecollege.edu/ce/retiree-programs/)

Literature, Stage, Screen & Music – Reader's Theater, British Cinema:

To register for TELOS classes ...



TELOS

- Online Registration at Bellevue College Continuing Education website (for detailed class information)
- Phone-In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.

For further information on registering, see a step by step description at <https://studentweb.bellevuecollege.edu/tepos-tso/how-to-register>

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Watch, Read or Listen?

By Sue Black



When you find yourself with time on your hands or at least available to fill, what is your usual choice of delivery? Do you read? Do you watch? Or do you listen? In my case, it depends on what else I want to do and how much energy I have. If I have low reserves of energy and no real need to get other things done, my choice probably will be television (thank the lord for streaming services!)

In the last several years, however, I have also turned to audiobooks. Before that, I didn't listen to any forms of literature read aloud. My major objection was the assumption that one actor could not "become" several different characters using only his/her lone voice. That barrier disappeared when I found the narrator of a series of novels by Jacqueline Winspear (Masie Dobbs mysteries). These books all have a number of interesting characters, many of which are identified by their various accents ... Victorian British, Cockney, Scottish, French and even American (yes, there is an identifiable sound to an American accent). The narrator, Orlagh Cassidy, created each character complete with a believable accent.

In researching the use and perceptions of audiobooks with other TELOSians, I heard a few other perceived

barriers including a lack of awareness or understanding of where and how to access audiobooks. But many people described the following benefits they have discovered in listening to books.

- You can enjoy both a novel and other hands-on hobbies at the same time
- Narrator's interpretation provides more stimulation than relying only on your imagination to "create the scene" and allows more room for creativity than the limitations of the visuals selected by movie directors
- You can follow narrators you like (search by narrator's name)
- You can hear a sample of the book and narrator's interpretation online before buying or renting it
- Some services allow you to return the book for credit if you don't like it (Audible)
- It's a way to practice your comfort with other languages by using audiobooks in those languages

So, the next time you are looking for a little entertainment, why not try the experience of listening to a book and see what other worlds might open up for you.

TSO Political Book Club

- Richard Young, Manager of TSO Political Book Club



Overwhelmed by contemporary politics? We invite you to join a group of TELOS students who read and discuss books on the contemporary political scene. Books are chosen by the group's membership and reflect a variety of ideological perspectives and subjects. Political Book Club members have been meeting online at 9:30 the first Friday of each month for focused discussions on the current month's book. For example, we have recently finished reading and discussing Fiona Hill's memoir about her journey from the slums of England to a presidential advisor. Through discussion and fellowship, we gain a deeper understanding of current affairs. If you'd like more information, or to be part of this interesting group of people, email Richard Young care of info.telosso@gmail.com. All viewpoints are welcome.

TELOScope is
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the TELOS Student
Organization (TSO)

<http://tso-telos.org>
For further information or
to submit comments,
send emails to
info.telosso@gmail.com



TELOS

Editor: Sue Black

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The President's Report

With Spring upon us, we should look to the annual reawakening that comes with the budding new season and be "reawakening" our mental processes as well. The Winter dark was compounded by the pandemic and now that we are coming out of both, let's get social and let's get wiser. Activate your TELOS mind. TELOS courses and TSO seminars are just the ticket. Register for Summer TELOS and sign up for the June TSO seminars.

I am pleased to report that TSO is experiencing a greater level of College staff engagement in our activities. We have staff joining us at TSO Council meetings on a regular basis. This is appreciated and gives TSO and staff the opportunity to share information to the advantage of both. We are also seeing an increased willingness to work directly with our hugely important Curriculum Committee on instructor increase and retention and course diversity. There are some truly amazing members on the Curriculum Committee-the heart of TSO beats with it.

There is still much to do to improve the TELOS program and the TSO ability to help the College. TSO will run out of financial resources if the College does not help us reinstate the modest TSO student fee which supports the between quarter seminars and other needed activities. We are working on this every day. More flexibility by the College in instructor recruitment and class scheduling and in varying course length would be very helpful. The "push-pull" of conducting the senior/retiree TELOS program with TSO participation and with meaningful input from its experienced and dedicated students continues to be a work in progress. Collaboration is the key and the goal.

Last, but in no way least, I want to give a special HOORAY and THANK YOU to Donna Oberembt and her Curriculum Committee. The entire TSO support for TELOS depends on Donna's fine work and that of the Committee. Donna is more than dedicated, she is without parallel in her effectiveness. Thank you Donna and the Committee from all of us who benefit from your too often unsung efforts!

There are volunteer positions available to assist the TELOS Student Organization. Please take one (or more). Join a Committee, join the Council, become an Officer. The work is rewarding because you will be supporting a program that we all benefit so much from. Being active is a large part of keeping us mentally alert. Don't miss the opportunity to help out.

See you in class. See you in seminars. See you involved. Ted Watts, President, TSO

What is the Curriculum Committee?

By Donna Oberembt, Chair of TSO Curriculum Committee

The TSO Curriculum Committee is charged with creating and presenting education events for TELOS students. It identifies, contacts and schedules speakers for those amazing "between quarter seminars". The committee also proactively seeks out potential instructors for TELOS courses. If you are aware of a possible instructor (maybe yourself!) or of a subject you would like to see offered at TELOS, please notify the curriculum committee care of info.telosso@gmail.com. Lastly, the curriculum committee works to assist the TELOS instructors by providing additional assistance such as Taste of TELOS, in an effort to introduce the instructors and subjects to the students. This

is especially helpful for new instructors with new course offerings.

Curriculum Committee is successful because new TELOS students are joining the committee regularly. Becoming a member of this committee could put you into a group of super dedicated TELOSians with a passion for the expansion and improvement of the TELOS program. Come join in a committee meeting and explore your ability to contribute. Meetings are held on Zoom the third Thursday of every month at 3:30 PM. Email your name for an invite to info.telosso@gmail.com to open new doors for yourself and TELOS.

Where were you?

I remember it distinctively ... I had been van camping in northern Oregon. To get back to Seattle, we were going to have to drive through the ash fall from Mt. Saint Helens. In Astoria, we stopped so I could take a picture of the "Victory" statue: A doughboy soldier from WWI that was at that point "wearing" a paper mask for protection from the ash that was covering most surfaces. The idea that the ash from the eruption had traveled around the world and had returned to the Pacific Northwest was mind boggling. That was only the first surprising lesson from the volcanic blast that took place in May of 1980.

Most of those who were in the area when the volcanic eruption occurred can remember where they were when they heard the news. Now, more than 40 years after the blast, TELOSians attending the zoom seminar presented by Eric Wagner, Ph.D. Biologist had an opportunity to see this familiar story in a new light.

Mt. St. Helens, known as the "Fuji of the Cascades" had been known to erupt every 140 years. Seismic activity was noted on the mountain starting in March of 1980

and climaxed on May 18, 1980 with a steam eruption from a lateral blast on the western flank of the mountain. The magma chamber exploded out (not up) creating a huge landslide that left distinctive zones of destruction to the north. Afterwards, the mountain was 1314' shorter than it had been. The loss of life both human (57 people died) and wildlife (over 1500 head of elk were killed in the eruption and logmats of trees downed by the blast covered Spirit Lake making it uninhabitable to the trout that had lived there) was expected to turn the area into a moonscape. Surprisingly, the post eruption community developed quickly. Survivors such as fireweed and pocket gophers reappeared while colonizers from outside the blast zone such as Prairie lupine and trout that had retreated into the creeks feeding Spirit Lake moved back into the area.

The many lessons from Mt. St. Helens are varied and in some respects surprising. For more rich details of the recovery, see Eric Wagner's book entitled "After the Blast: The Ecological Recovery of Mt. St. Helens."

Summer Dreams Then and Now

By Linda Wilson

What do we think of when dreaming of summer; the warmth of the sun, the breezes in the shade, or the energy before the storms. Did you grow up surrounded by lightening bugs making the evenings so magical? Or was it the lone mosquito buzzing near your ear while trying to sleep? We hold so many memories of picnics, fishing trips, baseball, tennis, swimming and ice cream treats. Write these down for your grandchildren or just to relive the memory or form a group to talk about your favorites.

What is your summer focus? How are you taking advantage of what is available for you? Are you traveling or is your joy in sitting in the sunshine while reading a book or watching people enjoy our local waterways? All of this is important to our soul. Don't miss any opportunity. Summer days are ours to enjoy - make the most of them.

TSO Reminder: In order to receive early notification on all things TSO (including seminar announcements), make sure your email address is in the TSO database by sending your name and email address to info.telosso@gmail.com. AND THEN, make sure the announcements from TSO do not end up in your SPAM.

For further information or to submit comments, send emails to info.telosso@gmail.com



Dear TSO Members,

As we look forward to life after COVID-19, we will need leadership in our TELOS Student Organization. The current terms of all the Officers and Council members will be ending on June 30. Officers and Council members are elected for one-year terms and may serve for three years consecutively if re-elected. Several Council members will not be running for re-election, so we need more members to become involved with the TSO leadership team.

Please consider joining the TSO (TELOS Student Organization) leadership team by becoming a Council member or joining one of the committees. We need a few people to run for TSO Council in June (starting in July). You can also help the program by joining one of our two committees without being on the TSO Board: Curriculum Committee, Events Committee. Elections for TSO officers and Council members will be in May. To run for a TSO office or Council position, submit an email to info.telosso@gmail.com by April 30. All applications must include a short biographical statement and reason for seeking office. If you have any questions, please contact: Steve Denison, Event Committee Chairman c/o info.telosso@gmail.com

Election timeline:

- April 10: An announcement about the election will be sent to all TSO Members.
- April 30: All applications are due. You must apply to have your name on the ballot.
- May 15: Ballot will be sent to all TSO members.
- May 22: All ballots must be returned by midnight on May 22.
- May 25: Results will be announced at Council Meeting.
- June 22: Elected Officers and Council people should begin Council Meetings today.
- July 1: New term begins.

Nature's Talented Drummers



At the end of March, TELOSians had the opportunity to learn again from one of our most popular seminar presenters: master birder, Connie Sidles. This time we heard about the Nature's talented aviary drummers – Woodpeckers. As always, Connie's talk included many pictures of the various kinds of woodpeckers that live in the Pacific Northwest and her enthusiastic approach to learning about these energetic birds.

Among the interesting information we received about woodpeckers are their potential lineage. Although there have not been enough fossils found to build a

detailed evolutionary path for these birds, it is believed that their ancestors could have included the velociraptor and possibly tyrannosaurus rex.

TELOSians attending this seminar were also given some tips as to finding woodpeckers when out in nature. These birds can be identified by their undulating flight pattern when on the wing, a high pitched call and, of course, the sound of their drumming (especially during mating seasons.) Also, look for standing dead snags, trees with patterns of shallow indentations (sap wells) that look like corn cobs and rotting wood. Perhaps more valuable, Connie also had a solution for woodpeckers when they drum on your residence. Her suggestion was to install a "flicker box" elsewhere on your property to draw them away from your house. For more insights into the world of birds in the Northwest, look for books written by this master birder.

TSO Political Book Club (cont'd)

The next meeting of the Political Book Club will be held at 9:30 on Friday, May 6 on Zoom. Here is a list of the books that club members voted on at the April meeting. In order to allow everyone to plan ahead, books were chosen for the next half year or so.

May 6, 2022 – The Great Debate: Edmund Burke, Thomas Paine, and the Birth of Right and Left, by Yuval Levin.

June 3, 2022 – Principles for Dealing with the Changing World Order: Why Nations Succeed and Fail, by Ray Dalio.

July 1, 2022 or TBD (July 1 begins a holiday weekend) – Lincoln and the Fight for Peace, by John Avlon.

August 5 and September 2, 2022 – Presidents and War: The Epic Story, from 1807 to Modern Times, by Michael Beschloss. (This is a lengthy book and we will read and discuss it over a two-month period.)

October 7, 2022 – The War of Words: A Glossary of Globalization, by Harold James.

Important TELOS / TSO Dates in June*

Fri June 3 9:30 AM TSO Political Book Club

Tues June 7 10:00 AM Taste of TELOS

Wed June 8 10:00 AM Taste of TELOS

Fri June 10 9:30 AM TSO Constitutional Club

Wed June 15 10:00 AM “Our Blue Planet”
with Andrea Smith-Clark

Thurs June 16 10 AM “Blood-Brain Barrier”
with Dr. William Banks

Thurs June 16 3:30 PM TSO Curriculum
Committee

Fri June 17 9:30 AM TSO Constitutional Club

Fri June 17 1:00 PM TSO Book Club

Tues June 21 10 AM “Nesting Hawaiian
Green Sea Turtles” with Sheldon Plentovich

Wed June 22 3:30 PM TSO Council

Thurs June 23 10 AM “Bellevue Fire Department”
with Heather Wong

Fri June 24 9:30 AM TSO Constitutional Club

Fri June 24 2:00 PM TSO American History Book
Club



Mon June 27 10 AM “Coast Savers” with Megan Juran

Tues June 28 10 AM “Water Overuse and Other
Western Water Problems” with Janet Neuman

Thurs June 30 10 AM “The Sophia Way: A Place of
Hope and Change for Women” with Jola Paliswiat

*Club details available at <https://studentweb.bellevuecollege.edu/telos-tso/social-activities/> Email info.telosso@gmail.com for zoom invite to any of these meetings on line.