

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

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A Spring Abundance

Spring is the season for all of us to fine tune our gifts and perhaps discover new talents. As a TELOS student, now is also when you can return to topics of past interest, determine new subjects investigate or even gain completely new skills. Spring quarter classes from the TELOS program at the North Campus of Bellevue College will offer a wide range of subjects and learning environments from which to choose. Whether you are looking for an opportunity to acquire knowledge from a stimulating lecture series, to absorb new experiences with hands-on training or to share in collaborative learning situations with other students, TELOS classes can provide what you seek.

Some of the topics in the 40 class sessions being offered this quarter include ...



Science & Technology – Topics in Space Science: Planets, Stars and Galaxies, Blockchain and Bitcoin 101, Create! on Your iPad, New for iOS 1.3 Do Even More with Your iPhone, "Ideas Worth Spreading"

History, Culture & Current Events – Views of the News, Great Decisions in Foreign Policy, Egyptian Voices from the Past: The Middle Kingdom, The Middle East. Episodes from recent history and current politics, The "New Yorker" Discussion Group, America's 10 Worst Presidents, The Four Noble Truths—Ancient Buddhist Teaching for the Modern World, A Swift Survey of American History 1900-1929 The Moderns

Visual Arts - Intro to Drawing, Intro to Watercolor, Photography Practicum Out in the Field, Digital Photography — Go Beyond Automatic, Digital Photography II Go Far Beyond the 4 "Autos,"

2020 SPRING QUARTER

Literature, Stage, Screen & Music – William Shakespeare's THE HENRIAD Part Three: Henry V, Enjoy Shakespeare | Othello—Be Careful Who You Trust, Enjoy Shakespeare | Henry IV Part 2—Reuniting a Country Through Leadership, Franz Kafka's Short Fiction, The Bible and Its Influence, Iconoclastic Film Directors of the 1970's, Singer/Songwriters of the 1960's

Health & Well Being — Gentle Yoga, Ballet for Balance, Ballet for Balance Level II, Tai Chi—Beginner I, Tai Chi—Beginner II, Tai Chi—Review and Refine, Aging Well, Calm Under Stress, Food After 50, Ready for Anything?

To register for TELOS classes ...



- Online Registration at Bellevue College Continuing Education website (for detailed class information)
- Phone–In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.
- In Person Registration North Campus, 14673 NE 29th Place, Bellevue, WA 98007

For further information on registering, see a step by step description at https://studentweb.bellevuecollege.edu/telos-tso/how-to-register

TSO Gallery: Holiday Business Meeting



TSO president Sandi Medendorp introduced instructors offering classes Winter Quarter

TSO Holiday Meeting was held at the Unitarian Church



Thank you, TELOS

By Nancy Rogers

Once upon a midnight dreary In the Northwest alone and teary, My friends left in the Land of Cotton Now I'm lost and all forgotten.

Comes a rapping at my door 'Tis the postman, nothing more. Sorting through my mail My curiosity starts to sail

TELOS!! TELOS!! TELOS!!

What is this I yelled? Joyous excitement welled! So off to a class, I sat by Bill. My soul he helped to fulfill.

TELOS saved my life that day. So here at TELOS I will stay.

To quote the raven: More! More! More!

Spring reading suggestions

Students at TELOS are known for their literary appetite regardless of the season. Here are some books that TELOS students have suggested for reading this Spring.

The Dutch House by Ann Patchett (Will Stump)

The Testaments by Margaret Atwood (Diane Kester)

Snowball: Warren Buffet by Alice Schroeder (Holly Finkbeiner)

Blow Out by Rachel Maddow (Sue Black)

Nemisis: A Novel by Isaac Asimov (Jerry Bunce)

The Husband's Secret by Liane Moriarty (Ann William)

Becoming by Michelle Obama (Carolyn Coe)

Water Dancing by Ta-Nehisi Coates (Linda Wilson)

Crow Planet by Lyanda Lynn Haupt (Arlene LaTurner)

The Old Man's War by John Scalzi (Jerry Bunce)

TELOScope is brought to you by the TELOS Student Organization (TSO)

http://tso-telos.org



Property Tax Law Change in 2020

Starting in 2020, the standard threshold for freezing tax limit is \$58,423. That means if your defined income is \$58,423 or less, you can obtain a waiver that will freeze your property tax bill for 4 years with the caveat if tax rates go down, you would enjoy the decrease. This can be a life saver for some seniors living in homes purchased many years ago that have seriously appreciated in value to the point where the property taxes can no longer be affordable.

Answering questions from TELOSians, speaker John Wilson, King County Tax Assessor stated: "Defined income" starts with your IRS AGI (adjusted gross income) and then addresses the fact that capital losses cannot be allowed nor depreciation deductions. Your social security is included as income (less Medicare). For further information, we urge you to go to https://www.kingcountry.gov/depts/assessor/TaxRelief.aspx or phone 206-296-3920.

Message from the President

Dear TELOSians:

Thank you for coming on this TELOS journey searching for truth, good company and brain stimulation! Now for the latest council news:

- We remain in limbo regarding the TSO quarterly fee income. Bellevue College has promised to restart collection as soon as
 possible to provide funds for TSO activities. The solution requires time and processing on the part of the administration.
- It is time to start thinking about board election for spring. Please either volunteer or nominate candidates for council positions. (TSO) is comprised of a council with up to eleven members which includes the offices of President, Vice President, Secretary, Treasurer, and up to seven members-at-large. Elections are held every year for these positions. New members on the council keep us invigorated and successful. Another way to keep brain cells activated!

With gratitude,

Sandi Medendorp President, TSO

Spotlight on "Making the Groove Special"

By Linda Wilson

Multitalented Telosian, Will Stump, currently plays stand up bass with *Sing Low, Indigo*. Seventy percent of the songs performed are original. A group of us went to hear him play at The Grape Choice in Kirkland. It was marvelous watching Will exude so much joy while playing.

So how did Will get to this current avocation? His parents were not musically inclined, but they were encouraging and provided private violin lessons for Will starting when he was eight. After a while his instructor urged him to try the viola. In junior high he learned to play both the guitar and banjo, but in high school moved to the bass. After high school he played guitar and sang in local bistros and did some country rock. Will started college, but later dropped out and travelled. Along the way of varied jobs and musical groups he earned a business degree and was hired by Boeing. He performed with the Bellevue Philharmonic and with his own band, The Finn Hill Jazz, but he always kept the day job. Will also handles all the amplification equipment.

When asked about jazz, Will replied that there are many kinds of jazz that blur the lines between genres. The improvisational aspect is key to providing endless possibilities. The endless possibility leads, if you are lucky, to a transcendent moment which then makes you want more. There are always lots of nice moments, but there are those exceedingly rare moments that are joyfully transcendent. The rhythmic energy of the music affects both the musician and the listener. Successful performance is the energy of the music moving into the body of the listener. When the player feels the music, then the listener should be affected. You will be, too!

The website to learn more and dates for future performances is: singlowindigo.com

Final note: Musicians struggle with audience retention and income. Local venues close as restaurants see more profitability in customer tables than in performance space. Showing up for performances is a great help.

Update on the newest TELOS club: Climate Club

TELOSians! You are invited to come to the monthly meetings of the Climate Club! There are no requirements, - - just show up! Our leader/moderator, Stew Early, a long-time student of climate change, provides leading-edge academic information and ensures that all of us participate. The group will determine if it will pursue any specific climate action. Our attendance has been heartening thus far. We meet from 11:00 - 12:30 on the 4th Friday of each month, in room #1120, following our Constitution Club's meeting. (Due to the holiday schedule of the north campus facility, check the TSO website for details on the location and time for the next meeting.)

"I can sing all the words but did I really understand?"

By Sue Black

If you looked into the TELOS classroom where Larry Starr was giving his seminar on November 19, you would have seen heads bobbing, feet tapping and fingers drumming on tabletops all in time to music obviously familiar to most in the room. Memories of young romance, challenging dance moves and important social movements were rekindled by the anthems many had not heard for decades.

Larry not only reminded us of experiences we had in youth, but also explained how the music evolved as it became the soundtrack of the 60's. Starting with imitations of songs popular in the past, many musicians created new works based on traditions from that music but incorporating new components to make it their own. Changes in the structure of the music (eg. mix of verse and chorus), its



tempo or the elements of popular cultural referenced in the lyrics resulted in different categories of music from the 60's.

Larry covered Country Cosmopolitan (acoustic country sound from the late 50's and early 60's), Dance Revolution (including the Twist and more free form dances), Non-traditional radical music (reflecting changes in popular culture like "Help" from the Beatles and new technology like "Good Vibrations" from the Beach Boys), Folk music (specifically "no dancing" from Bob Dylan and Peter, Paul & Mary) and Mo-town sounds (reflecting civil rights issues and firing up feminist supporters). Based on the reaction from TELOSians in the room for this seminar, keep an eye out for future seminars from Larry Starr on the impact of popular music in other decades.

SAVE THE DATES!



TSO Board Election

Last week of May
North Campus Lobby



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