



# TELOScope

LIFELONG LEARNING  
2018 FALL QUARTER

SEEKING

ACTIVE SENIORS,

RETIREES,

SEMI-RETIREES

AND OTHERS

INTERESTED

IN CONTINUOUS

LEARNING.

## INSIDE THIS ISSUE:

Is Art for You? 2

What is "Views of  
the News?" 2

Politics Book Club 2

New Ideas Worth  
Discussing 3

TELOS in the  
News 3

The Memoir Club 3

Registration  
Instructions 4

Survey says ... 4

Save the Dates! 4

## Wondrous bounty of fall TELOS classes

Reflecting a true bumper crop of classes this autumn, the TELOS schedule offers students more than 60 different topics to study. Instructors will cover history, arts, literature, science, technology, philosophy, nature, law and current events.

Fall classes start the last week of September and are offered on weekdays at each of three class times (10:00 to 11:30 a.m., 12:00 noon to 1:30 p.m., 2:00 to 3:30 p.m.) Some of the topics offered this quarter include ...

**History & Current Events** – Ideas Worth Spreading, Views of the News, A Swift Survey of American History I, American Democracy in Crisis, Culinary History of India, Egyptian Voices from the Past—Cleopatra, From Truman to Trump, Great Decisions 2018, Intellectual Property: Yours, Mine & Ours, International Law & Policy, Laws, Politics & Public Policy, Our Polarized Party System, Russian History—Part B, Social



Connections, Stars that Shown in Hollywood, Syria, The "New Yorker" Discussion Group, The History of Television—1950's, Where have the Disc Jockeys Gone?

**Art** - American Quilts: Cultural History, Art Mashup!, Arts Out & About, Exploring Landscape with Versatile Acrylics, Fun with Art, Fundamentals of Digital Photography, Homeowner's Guide to Landscape, Intro to Drawing, Intro to Watercolor, Realism & Birth of Modern Art, Renaissance Art, Speed Decorating, Versatile Acrylics Studio, Art Workshop, Focus on Composition in Photography

**Health & Well Being** – Ballet for Balance, Environmental Protection Law & Politics, Feldenkrais Awareness Through Movement, Gentle

Yoga, Lose Clutter—Gain Sanity, Tai Chi (Beginner I, II, Intermediate), The Closet in Your Skeleton

**Literature & Theater** – Musical Theater in the 21st Century, Readers Theater, Creative Writing, Stand-up Comedy, Storyboarding a 30-second PSA or Commercial, Thomas Mann's Dr. Faustus, William Shakespeare in Fiction; The Tempest / Hag Seed, William Shakespeare's MACBETH

**Science & Technology** – Basics of Intellectual Property, Having Fun with Computer-based Genealogy, PowerPoint 2016, Science & the Citizen, The Future of the Final Frontier

**Psychology, Religion & Philosophy** – It's All About the Face, The Future of Islam: Myths & Facts, The Virtue of Stoicism, Who Are You Really?

Course information and registration are available online, by telephone and in person at North campus. See page 4 for details.

## Is Art for You?

By Sandi Medendorp



TELOS is so fortunate to have art instructors that can open the door to a wonderful new hobby or maybe something more than a hobby. I always wanted to understand the challenge of using water

(such an unpredictable element) with pure color, layered, glazed, washed, brushed, blown, scratched, resisted, lifted, to create something amazing. As a beginner, it is always a surprise what happens when I try the art of water color (and, in my case, keep re-trying).

In TELOS art classes you learn materials and techniques in a friendly, supportive environment that can inspire you creatively and spiritually. Get away from the heavy thinking and join an art class to become a free spirit. If I can do it, you can do it too. All levels are welcome.

## What is “Views of the News?”

TELOS offers three “Views of the News” classes each session because a favorite pastime of TELOS students is talking about the news. Groups of 20 come together to talk about current events (local, national and global) in an open, supportive environment. The focus of each discussion can be wide ranging such as foreign relations, the stock market, health care, the future of America, and politics. Books are always mentioned along with magazines, newspapers, blogs, podcasts, and, oh yes, TV. It is so helpful to have a place to talk and listen about the noise that seems to surround us every day. These groups are welcoming and friendly. Check the TELOS Registration Guide for a convenient time.

## Politics + Books

Have you noticed all of the political books coming out lately? Would you like an opportunity to discuss them with an open, objective group? The Politics Book Club is our newest group organized to focus on the loud contemporary element of the culture. The group selects one book for all to read and then comes together to analyze. The book selected for the first meeting was Hillbilly Elegy by J.D. Vance, supposedly

explaining the results of the 2016 election. The next book for review is Soul of America by Jon Meachum, and it has been “rumored” to show hope for the political arena. Join us on August 3 at 10:00a.m. to offer your thoughts and listen to the thoughts of others (check TELOS Events Website for room location). Remember that TELOS clubs are open and free to all TELOS students.

TELOScope is  
brought to you by  
the TELOS Student  
Organization (TSO)  
<http://tso-telos.org>



# Ideas that are new and worth discussing

If you were to read through the TELOS class listings for the last five or so years, you might notice what looks like the same class being taught for more than 16 quarters called “Ideas Worth Spreading.” Although the name has been the same, the material covered in the class has been different every quarter.

This is a class made up of presentations from the popular TED Conferences (commonly known as “TED Talks”) by thought leaders across many fields and industries. But what makes this class even more interesting is the discussion of those new ideas by members in the class. TELOS students bring a wealth of life experience and knowledge to every class and most are more than happy to share their different reactions to the various TED Talks we watch.

Although TED initially stood for “Technology, Entertainment and Design,” the topics presented cover a wide range of subjects. A few covered in class during the last quarters include ...

A system that uses autonomous drones to deliver emergency blood and plasma supplies to hospitals across East Africa

A giant “smog vacuum cleaner” that reduces air pollution in cities in China

The advantages of talking with strangers

Understanding how our brains use sleep to cleanse toxins out of our system

How social media helped young members leave the controversial Westboro Baptist Church

New approaches to burial - Re composting and Conservation Burials

Come join us as we discover and discuss ideas that are definitely worth spreading!

## TELOS in the News!

Earlier this year, volunteers from TELOS participated in the making of a Public Service Announcement for the program. The final version is going to be played on the College Channel (28). To see your fellow TELOSians as they become “stars,” go to the TSO home page: <http://tso-telos.org>



Sandi Medendorp, Al Lewis, Somayya Kasani, Alexa Munoz

## The Memoir Club

By Linda Wilson

The Memoir Club is two hours of listening and learning. There is no criticism here, only helpful suggestions. Henry Bohne not only facilitates our discussions and provides instructional handouts, he also brings joy to the writing process.

What wonderful stories we share. We have learned about fishing from Dingle, Ireland to the South Pacific. We have heard about growing up on a farm near Bremerton. One club member told us how he heard Andres Segovia as a teenager and how hearing Segovia’s recordings still brings peace of mind. Who knew there was so much to learn about growing popcorn, shelling the kernels and popping it instead of placing a bag in the microwave? We have learned about wedding traditions, cooking traditions, and trips that have been made and those still on the bucket list.

The Memoir Club meets on the first Friday of each month at 9:30a.m. to 11:30a.m. during the summer months. Please check the TSO website to get any updates as to times.

Come and share your memories.

## To register for TELOS classes ...



- Online Registration at Bellevue College Continuing Education website (for detailed class information)
- Phone-In Registration by calling 425-564-2263. Please have your Visa or MasterCard number and expiration date, and course item number to register.
- In Person Registration North Campus, 14673 NE 29th Place, Bellevue, WA 98007

NOTICE: Watch your registration guide for class locations. Some classes will be held at Bellevue Boys and Girls Club. NOT ALL CLASSES WILL BE HELD AT NORTH CAMPUS.

For further information on registering, see a step by step description at <http://tso-telos.org/registering-online>

## Does this sound like you?

By Joanne Gainen

A recent survey of 350 TELOS students found that most respondents:

- Rate TELOS courses either Very Good (41%) or Excellent (49%)
- Take courses primarily at TELOS (81%), and have been doing so for three years or more (58%)
- Choose courses based on long-term personal interest (71%)
- Value the variety of subjects (82%) and quality of TELOS instructors (72%)

The survey invitation was sent to students on the TSO (TELOS Student Organization) opt-in email list and to all students in BC Continuing Education (BC CE) classes. Interestingly, while 51% of students who responded to the TSO invitation rate TELOS courses "Excellent" only 33% of the general BC CE respondents did so. While sampling differences limit interpretation, it could be that:

- Students who opt-in to the TSO email list may be more engaged in learning generally and more likely to find value and meaning in their courses.
- TSO events often feature TELOS instructors, helping assess instructors' teaching.
- Word of mouth among students involved in TSO's extra-curricular activities may help students choose courses that are a better fit for them.
- The TSO list has higher percentage of longer-term students, so the result may be due to sample bias, that is, if they are not happy in the first year, they don't return.

What do you think?



TELOS

# SAVE THE DATES!

## Bi-Annual Business Meeting and Summer Picnic

Saturday, August 18 11:30a.m.-1:30p.m.

North Bellevue Community Center

4063 148th Ave NE, Bellevue, WA 98009

**RSVP to [info.telosso@gmail.com](mailto:info.telosso@gmail.com)**



**"Taste of TELOS"** August 17, 2018 at 10a.m. to 12noon at North Campus. Six instructors will give previews of their fall classes. Be sure to register to attend at the Bellevue College Continuing Education website or <http://tso-telos.org/> under Courses, BCCE TELOS Catalog.

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